

Home-School Connections: Home Activities

Peer Relationships Unit

Your child is learning about **Peer Relationships** in the Sanford Harmony social-emotional learning program. The ideas below will reinforce what we are learning in school—there are activities to play, topics to discuss, and behaviors to role-model. These are all designed to fit into your daily routine and provide opportunities to further connect with your child.

Caring For Others

- Ask your child about ways that he or she has helped a classmate “have a good day.”
- “Catch” your child being kind to someone and point out how good it must have made the person feel.
- Model small acts of kindness during your daily activities and talk with your child specifically about how and why the act may have benefited the other person.
- Brainstorm ways your family could do kind things for others in your neighborhood or community, or participate in a community service project as a family.

Being Inclusive

- Ask your child about a time when someone invited him or her to play, and how that felt.
- Ask your child if he or she invited anyone to play this week, and what they did together.

Making Amends And Forgiving

- Ask your children how he or she makes an apology in action.
- Help your child think about how to “fix what’s been broken apart”—how to take action in making things better with a family member or friend when your child has been hurtful to them in some way.
 - *Actions make include giving a hug, drawing a picture or writing a note to them, doing something kind for them, or fixing something they have ruined.*

Reflecting And Connecting

- Ask your child to share with you some favorite memories:
 - An accomplishment that makes him or her proud.
 - Something he or she learned from classmates.
 - Something he or she helped classmates learn.
 - His or her favorite part of the school day this year.
 - Something that happened at school this year that he or she will never forget.
 - Friendships he or she would like to continue.

An important part of this program is for students to continue discussing and practicing concepts outside the classroom. Thank you for your involvement in reinforcing at home what is being taught in class!