

<u>  X  </u>	<b>Monitored</b>
<u>  X  </u>	<b>Mandated</b>
<u>  X  </u>	<b>Other Reasons</b>

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION

The board considers all competitive extracurricular activities--academic, artistic and athletic--an integral part of the total educational program. Competitive activities shall be under the same administration and control as the rest of the school program and closely articulated with it.

Competitive activities can provide pupils with valuable experiences and opportunities. In this district, the emphasis in any competition--intramural or interscholastic--shall be on providing such experiences and opportunities rather than on producing winning teams or providing entertainment. Practice for or performance in any competitive event shall not interfere with the regular educational program.

The board shall approve all proposed interscholastic competition, either as a schedule or as a discrete event, whichever is appropriate. The board must approve membership in any leagues, associations and conferences, and any agreements with other schools for a series of games or events. Contests of any kind between and among the schools of the district shall be approved by the superintendent.

The board shall appoint coaches, advisors, physicians and other necessary supervisory personnel upon recommendation of the superintendent. The superintendent shall also ensure that training programs/regulations are developed for all extracurricular athletic activities and that all physical facilities involved in any competition in which district schools take part shall be adequate, safe and sanitary.

Public recognition shall be given to participants in school sponsored academic or fine arts competitions in the same measure as to athletic competitors. The district's affirmative action resolution and plan for equity in school and classroom practices shall apply to determining eligibility for competition, approval of each competitive activity in which pupils officially represent the district, and district expenditure to provide facilities and coaches.

Parental Consent

No pupil may participate in a school-sponsored physical activity outside the regular physical education curriculum without a signed consent form from a parent/guardian naming the activity and acknowledging that the activity may be hazardous.

Academic Eligibility

Academic standards for eligibility shall be those established by policy 6145 Extracurricular activities.

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INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)Attendance Standards

Attendance standards shall be those set in policy 5113 Absences and excuses. In particular, a pupil shall not participate in a performance, exhibition, practice or athletic event unless he/she has been present in school that day or has been absent for an excused reason other than for sickness.

Disciplinary Standards

Disciplinary standards are based on board policies 5114 Suspension and expulsion and 5131 Conduct/discipline. Pupils on disciplinary probation or serving a detention or suspension may not practice, perform or compete. The superintendent and the building principal shall decide at the end of a probation or suspension whether the pupil may return to practice and competition.

Special Education Pupils

To participate in interscholastic competition, special education pupils must meet the same requirements listed above in conformity with IEPs.

Physical Eligibility

All pupils in grades Pre-K through 8 participating in intramural, club or interscholastic athletics must be given a medical examination within 365 days prior to the first practice session, with a health history update if the examination was completed more than 60 days prior to the first practice session of the first sport participated in. The medical examination shall be given at the student's medical home, as defined in file code 5141.3 Health examinations and immunizations. If a student does not have a medical home, the school physician shall conduct the medical examination. Examinations shall be made available throughout the school year consistent with the district athletic schedule. The examination shall be documented on the form furnished by the district, approved by the commissioner of education and include, as a minimum, the components listed in the administrative code. In the event a private physician is used, the medical examination shall not be at the expense of the board of education.

The parents/guardians shall be sent written notification signed by the examining physician testifying to the pupil's physical fitness to participate in athletics. The reason for the physician's disapproval of the pupil's participation shall be included in the notification. The health findings of the medical examination for participation in athletics shall be made part of the general health examination record.

The superintendent shall present to the board for adoption procedures for administration of the required medical examination. The procedures for the medical examination to determine the fitness of a pupil to participate in athletics shall include a form for a medical history to be filled out and returned by a parent/guardian and a form to be filled out by the examining physician.

The medical examination to determine the fitness of a pupil to participate in athletics shall include, as a minimum, the following:

- A. A medical history questionnaire, completed by the parent/guardian of the pupil, to determine if the pupil:
  1. Has been medically advised not to participate in any sport, and the reason for such advice;

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)

2. Is under a physician's care and the reasons for such care;
3. Has experienced loss of consciousness after an injury;
4. Has experienced a fracture or dislocation;
5. Has undergone any surgery;
6. Takes any medication on a regular basis, the names of such medication and the reasons for such medication;
7. Has allergies including hives, asthma and reaction to bee stings;
8. Has experienced frequent chest pains or palpitations;
9. Has a recent history of fatigue and undue tiredness;
10. Has a history of fainting with exercise;
11. Has a history of family members dying suddenly.

B. A physical examination which shall include, as a minimum, no less than:

1. Measurement of weight, height, and blood pressure;
2. Examination of the skin to determine the presence of infection, scars of previous surgery or trauma, jaundice, and purpura;
3. Examination of the eyes to determine visual acuity, use of eyeglasses or contact lenses, and examination of the sclera for the presence of jaundice;
4. Examination of the ears to determine the presence of acute or chronic infection, perforation of the eardrum and gross hearing loss;
5. Examination of the nose to assess the presence of deformity which may affect endurance;
6. Assessment of the neck to determine range of motion and the presence of pain associated with such motion;
7. Examination of chest contour;
8. Auscultation and percussion of the lungs;
9. Assessment of the heart with attention to the presence of murmurs, noting rhythm and rate;
10. Assessment of the abdomen with attention to the possible presence of hepatomegaly, splenomegaly, or abnormal masses;

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)

11. Assessment of the back to determine range of motion and abnormal curvature of the spine;
12. Examination of extremities to determine abnormal mobility or immobility, deformity, instability, muscle weakness or atrophy, surgical scars and varicosities;
13. Examination of the testes to determine the presence and descent of both testes, abnormal masses or configurations, or hernia;
14. Assessment of physiological maturation;
15. Neurological examination to assess balance and coordination and the presence of abnormal reflexes.

Insurance

The board will cover each participant in interscholastic football with insurance coverage as recommended by the current insurance carrier. All other interscholastic activities shall be covered at the recommendation of the insurance advisor and superintendent.

Parents/guardians shall be strongly encouraged to participate in the supplemental pupil accident insurance program offered by the board.

NOTE: IF THE BOARD WANTS TO EMPHASIZE GOOD SPORTSMANSHIP AT ATHLETIC EVENTS AND COMPETITIONS, IT CAN ADD THIS SECTION.

Good Sportsmanship

The board believes that instilling habits of good sportsmanship should be one of the primary goals of athletic endeavors and that all district employees should model good behaviors in this area.

It is especially important that the school leadership and coaches accept the responsibility for encouraging young athletes to handle themselves in a sportsmanlike way and be models of self-control and dignity for players and spectators. Coaches shall include discussions on courtesy and sportsmanlike behavior as part of pre-game activities. Student fans shall be reminded that their conduct reflects on the schools of this district and that poor sportsmanship will be disciplined.

Parents/guardians and other adult spectators shall also be encouraged to act as models for young people by demonstrating self-control and dignity at all athletic events.

Unsportsmanlike behavior as exhibited through verbal abuse, rude gestures, taunts, obscenities, thrown objects, etc., shall not be tolerated in students, staff or any persons in attendance at district athletic competitions. Discipline may include, but not be limited to, eviction from the competition and prevention from attending further competitions.

The superintendent shall prepare regulations on good sportsmanship and ensure their dissemination to students, parents/guardians and the community.

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)

Date:       Reviewed: December 17, 2008  
              Adopted:   February 18, 2009

Legal References:   Use legal reference sheet.

Cross References:   List your appropriate policies. See legal reference sheet for possibilities.

Key Words

Extracurricular Activities, Cocurricular Activities, Competition, Intramural Competition, Interscholastic Competition

**Legal References**

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION

**Monitored:**

Indicator 8.1

**Mandated:**

N.J.S.A. 18A:40A-11 requires policy on discipline of pupils involved in substance abuse; includes tobacco and anabolic steroids.

N.J.A.C. 6A:32-9.1(c) requires the board to adopt and review annually a policy on emergency medical procedures for all practice sessions and competitive athletic events. The policy should be disseminated to appropriate personnel.

N.J.A.C. 6A:32-9.1(f) requires policy on the content and procedures for administering the medical examination.

**Other Reasons:**

N.J.S.A. 5:17-1 et seq. allows school boards or youth sports team organizations to establish an athletic code of conduct; describes possible penalties for it violation; describes process by which the Attorney General will develop a model athletic code of conduct.

N.J.A.C. 6A:16-2.2(h) 1 requires the board to ensure that students receive medical examinations prior to participation on a school sponsored interscholastic or intramural athletic team or squad and describes the components of the exam.

The multi-year equity plan must ensure that the district's athletic program accomplishes the following:

1. Provides equitable opportunities for female and male pupils to participate in athletics;
2. Ensures relatively equal numbers of varsity and sub-varsity teams for male and female pupils;
3. Ensures equitable scheduling of night games, practice times and numbers of games for male and female teams;
4. Provides equitable cheerleading support for male and female teams;
5. Provides comparable facilities for male and female teams.

## INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)

It is advisable to develop training regulations to ensure continuing physical fitness of those participating in extracurricular athletics.

Academic and artistic competitions also must be addressed. All three types of competitive activity require funding, transportation of pupils, etc.

### **Recommendation:**

A policy directing development of regulations to cover all types of intramural and interscholastic competition. Parent/guardian consent may be required for participation in any competitive activity, and should be required for participation in any athletic activity not part of the required physical education curriculum.

The policy on emergency medical procedures at athletic events could be incorporated into the district's policy on pupil accidents (5141.1). The details of the medical examination may be addressed at 5141.3 but the policy statement requiring the examination belongs here.

If the board wants to include a section specifically encouraging good sportsmanship, it should also be included in this policy.

<b><u>Legal References:</u></b>	<u>N.J.S.A. 5:17-1 et seq.</u>	Athletic code of conduct permitted; "youth sports event" defined...
	<u>N.J.S.A. 18A:11-3</u>	Voluntary associations regulating conduct of student activities; membership; rules and regulations; appeals
	<u>N.J.S.A. 18A:26-2.1 et al.</u>	Supervisory certificate required for appointment as director of athletics
	<u>N.J.S.A. 18A:36-20</u>	Discrimination; prohibition
	<u>N.J.S.A. 18A:40A-1 et seq.</u>	Substance abuse
	<u>See particularly:</u>	
	<u>N.J.S.A. 18A:40A-9, -10, -11</u>	
	<u>N.J.S.A. 18A:42-2</u>	School orchestra not to compete with civilian musicians; exceptions
	<u>N.J.S.A. 18A:43-1</u>	Accident insurance for pupils authorized
	<u>N.J.A.C. 6A:7-1.4</u>	Responsibilities of the district board of education
	<u>N.J.A.C. 6A:7-1.7</u>	Equality in school and classroom practices
	<u>N.J.A.C. 6A:9-5.19</u>	Athletics personnel
	<u>N.J.A.C. 6A:16-1.4(a)6</u>	District policies and procedures
	<u>N.J.A.C. 6A:16-2.1 et seq.</u>	General Provisions for School Health Services
	<u>See particularly:</u>	
	<u>N.J.A.C. 6A:16-2.2</u>	
	<u>N.J.A.C. 6A:30-1.1 et seq.</u>	Evaluation of the Performance of School Districts
	<u>N.J.A.C. 6A:32-9.1 et seq.</u>	Athletic Procedures
	<u>See particularly:</u>	
	<u>N.J.A.C. 6A:32-9.1(c), -9.1(d), -9.1(f)</u>	
	<u>N.J.A.C. 6A:32-14.1</u>	Review of mandated programs and services

File Code: 6145.1  
6145.2

INTRAMURAL COMPETITION; INTERSCHOLASTIC COMPETITION (continued)

Legal References (continued)

20 U.S.C.A. 1681 et seq. - Title IX of the Education Amendments of 1972

29 U.S.C.A. 794 et seq. - Section 504 of the Rehabilitation Act of 1973

Krupp v. Bd. of Ed. of Union County Reg. H.S. Dist. #1, 278 N.J. Super. 31 (App. Div. 1994) cert. den. 140 N.J. 277 (1994)

NJSIAA Constitution, Bylaws, Rules and Regulations

Manual for the Evaluation of Local School Districts

The Comprehensive Equity Plan, New Jersey State Department of Education

**Possible**

<b><u>Cross References:</u></b>	*1322	Contests for pupils
	1500	Relations between area, county, state, regional and national associations and the district
	*3250	Income from fees, fines, charges
	*3453	School activity funds
	3530	Insurance management
	*3541.31	Privately owned vehicles
	4143	Extra pay for extra work
	*5125	Pupil records
	*5126	Awards for achievement
	*5131	Conduct/discipline
	*5141.1	Accidents
	*5141.3	Health examinations and immunizations
	5143	Insurance
	*5145.4	Equal educational opportunity
	*6121	Nondiscrimination/affirmative action
	*6142.4	Physical education and health
	*6145	Extracurricular activities
	6145.4	Public performances and exhibitions
	*6146	Graduation requirements
	*6147.1	Evaluation of individual student performance

\*Indicates policy is included in the Critical Policy Reference Manual.



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