

**New Rochelle High School  
Department of Athletics  
Update on Team Practices**

Due to the construction continuing at the high school the following is updated information regarding practices. If you have any questions you can e-mail the respective coaches or the Athletic Department: Judy Petrone – [jpetrone@nredlearn.org](mailto:jpetrone@nredlearn.org) or Steve Young – [syoung@nredlearn.org](mailto:syoung@nredlearn.org)

**VARSITY FOOTBALL**

Monday, August 13 – Tuesday, August 14 - Practice at City Park – Depart NRHS at 10:15am  
Wednesday, August 15 – Friday, August 17 – Practice at City Park – Depart NRHS at 8:00am  
Saturday, August 18 – Practice at City Park – Depart NRHS 8:00am  
For questions contact: Coach DiRienzo at [dirienzo@nredlearn.org](mailto:dirienzo@nredlearn.org)

**JV FOOTBALL**

Monday, August 13 – Tuesday, August 14 - Practice at City Park – Team will depart from Isaac Young MS at 2:15  
Wednesday, August 15 – Friday, August 17 – Practice at City Park – Team will depart from Isaac Young MS at 7:45am  
Saturday, August 18 – Practice at City Park – Team will depart from Isaac Young MS at 7:45am  
For questions contact: Coach Washington at [twashington@nredlearn.org](mailto:twashington@nredlearn.org)

**FRESHMAN FOOTBALL**

August 20 – Practices begin  
For information contact: Coach Salvo at [psalvo@nredlearn.org](mailto:psalvo@nredlearn.org)

**GIRLS' VARSITY and JV SOCCER**

Monday, August 13 – Friday, August 17 – Practices will be at City Park from 11:00am-1:00pm and from 3:00-5:00pm  
Saturday, August 18 – Practice at City Park from 8:00-10:00am  
For questions contact: Coach Fran at [coachfn@ymail.com](mailto:coachfn@ymail.com)

**BOYS' VARSITY and JV SOCCER**

Wednesday, August 15 – Practice at City Park 9:00-11:00am and 3:00-5:00pm  
Saturday, August 18 - Practice at City Park from 9:00-11:00am followed by a team lunch at the high school.  
For questions contact: Coach Garcia at [jgarcia@nredlearn.org](mailto:jgarcia@nredlearn.org)

**GIRLS' VARSITY SWIMMING**

Practice will begin on Monday, August 20. Site to be announced.  
For questions contact: Coach Fierro at [kfierro@nredlearn.org](mailto:kfierro@nredlearn.org)

**GIRLS' VARSITY and JV TENNIS**

**Monday, August 20<sup>th</sup> – 9:00am (meet at the New Rochelle High School’s tennis courts)**  
**Practice will be Monday through Friday, 9:00am – 12:00pm.**  
**For questions contact: Coach Sgobbo at [msgobbo@nredlearn.org](mailto:msgobbo@nredlearn.org)**

**VARSITY and JV VOLLEYBALL**

**Practices will begin on Monday, August 20. Site to be announced.**  
**For questions contact: Coach Flaherty at [Meghan.flaherty1@yahoo.com](mailto:Meghan.flaherty1@yahoo.com)**

**VARSITY and JV CHEERLEADING**

**Monday, August 13<sup>th</sup> – 5:30pm at Isaac Young MS**  
**August 18 – 21 – cheer camp at Trail’s End (more information to follow)**

**Wednesday, August 15 - There will be a Varsity Cheer Parent Meeting at 7:30pm at Isaac Young MS**  
**Thursday, August 16 – There will be a J.V. Cheer Parent Meeting at 7:15pm at Isaac Young MS**  
**For questions contact: Coach Trozzi at [nrhscheerprogram@gmail.com](mailto:nrhscheerprogram@gmail.com)**

**GIRLS’ CROSS COUNTRY**

**Monday, August 20<sup>th</sup> – 5:00pm (meet at the Nature Study on Webster Avenue)**  
**For questions contact: Coach Capellan at [andycap@optonline.net](mailto:andycap@optonline.net)**

**BOYS’ CROSS COUNTRY**

**Monday, August 20<sup>th</sup> – 5:00pm (meet at the Nature Study on Webster Avenue)**  
**For questions contact: Coach Intervallo at [joint415@hotmail.com](mailto:joint415@hotmail.com)**

**In order to be ready for the start of the season you must have a completed Sports Physical and have submitted the health form to the High School’s Health Office. The sports physicals can be dropped off at the Health Office at Trinity School on Monday, August 13 and Tuesday, August 14 (no later than 11:00am)**