



Penn Trafford After School Program

More than just child care... a place for your child to **Learn. Develop. Succeed!**

- **Enhanced child care** for children in grades K-6 (Monday through Friday immediately after school until 6 pm). All Directors are college educated in Sports Management, Recreation or Education and are First Aid and CPR Certified. All staff have received favorable clearances as required by state law.
- **A fun fitness program** designed to help children enjoy and see the value of exercise. Each child will receive a fitness watch that measures steps, distance traveled, and calories burned.
- **Wellness education:** Introduction to “Organwise Guys”, an award-winning curriculum utilizing creative puppets, books, and videos to teach nutrition, hydration, and overall body health
- **Homework help:** Children will be expected to spend some of the time doing homework. Instructors will be available to assist students as needed.
- **Enrichment classes** in a wide variety of sports with a focus on development of basic fundamentals and recreational play. The 2017-2018 schedule of After School Sports will include the following:
 - Fall: Soccer, Football and Cheerleading
 - Winter: Basketball and Floor Hockey
 - Spring: Baseball and Lacrosse



Program will be held at

- Sunrise Elementary School (with busing available from Level Green Elementary School and Trafford Elementary School)
- Penn Middle School (Children from McCullough Elementary School will be escorted to PMS, Children from Harrison Park Elementary will be bused)

Fee: \$100 per week **OR JUST \$240 per month**. This fee includes all enrichment classes offered after school in addition to the daily After School Program. Each child also receives one fitness watch as a part of participation in the program.

Register through Penn Trafford Area Recreation Commission at www.PTARC.org

For more information, contact Jed Whisler at JWhisler@JumpStartSports.com or call 724-504-2863