



Penn Trafford After School Football and Cheerleading Program

FOOTBALL: Children in grades K-6 have a blast learning the basics of football and playing fun games! Directors from Jump Start Sports will run the program and lead the instruction.

CHEERLEADING: Children in grades K-6 will have a great time learning a variety of cheers, jumps, kicks and movements. Participants will also play some fun cheerleading games! Program Directors from Jump Start Sports will run the program lead the instruction.



WHERE:

- Sunrise Elementary School (with busing available from Level Green Elementary School and Trafford Elementary School)
- Penn Middle School (children from McCullough Elementary School and Harrison Park Elementary School will be escorted to Penn Middle School)

WHEN:

- Sunrise: Thursdays, right after school until 4:30 p.m. from September 21st until October 26th
- Penn Middle School: Fridays, right after school until 4:30 p.m., September 22nd until October 27th

FEE: \$64. There is no additional fee for Children participating in the Penn Trafford After School Program.

Register through Penn Trafford Area Recreation Commission at www.PTARC.org

For more information, contact Jed Whisler at JWhisler@JumpStartSports.com or call 724-504-2863.