

# Greensburg YMCA

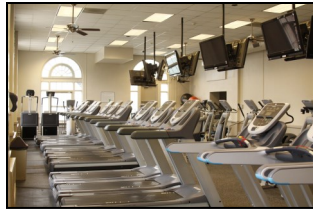
The Greensburg YMCA has been serving our community for over 155 years and 102 years in our downtown facility. Highlighted below and on the back side of this flyer is information on our facilities' features, membership benefits, and wide variety of programming for the entire family. We have invested over a million dollars in our facility over the past three years along with increasing and improving upon all of our programming. Additionally, our members have nationwide access to Y's across the nation.

## YMCA MEMBERSHIP

We have everything under one roof for your entire family.  
 Stop by for a tour or check us out online at [www.greensburgymca.org](http://www.greensburgymca.org).

### Facility Features

- Cardio, Cybex & Free Weight Center
- Group Exercise Studios
- Full Size Gymnasium
- Racquetball Courts
- 25 Yard Pool, Warm Pool & Spa
- Men's Locker Room Steam Room
- Family Changing Locker Rooms
- Gymnastics Center



## YMCA Wellness

Over 50 FREE Land & Water  
 Group Exercise Classes, 7 Days Per Week

- Les Mills BodyPUMP - CXWORX - GRIT - STEP - FLOW
- COMBAT - Yoga - Power Yoga - Cycle Classes
- H2O Workout - Bootcamp - Happy Hinges
- Senior Citizen Swim - Aqua Aerobics



## Adventure & Sports Camp

Unity Twp, Greensburg, West Hempfield, and  
 Maxwell (our NEW Sports Camp Location for 2019)



Swimming • Weekly Field Trips  
**REGISTRATION OPENING SPRING OF 2019**  
 Contact Candace Vacha: [c.vacha@gbgymca.org](mailto:c.vacha@gbgymca.org)

## YMCA Programs

**NOW REGISTERING FOR:**

**Indoor Soccer**  
 (Greensburg Tots, Unity Tots U6, U8, U10)

- Swim Lessons**
- Gymnastic Lessons**
- Personal Training**



[www.greensburgymca.org](http://www.greensburgymca.org) or 724-834-0150

## EARLY CHILDHOOD LEARNING CENTER

Ages 6 Weeks - 6 Years  
 Weekly, year-round swim lessons  
 All meals provided  
 Keystone STARS 3 Accredited Center

**ENROLL BY 1/31/2019**  
 and waive the \$49 Registration Fee



Contact Jenn D'Angelo: [j.dangelo@gbgymca.org](mailto:j.dangelo@gbgymca.org)



Featured below are programs offered at the Greensburg YMCA for ages six months through high school. We pride ourselves on being able to provide programming 365 days a year, as highlighted below in the seasonal chart.

**The Greensburg YMCA is a place for the entire family to share experiences together.**

## Indoor Soccer

<p style="text-align: center;"><b>TOTS Indoor Soccer</b>  <b>January 21-March 2, 2019</b>          (Age 2-4 yrs)</p> <p style="text-align: center;">Greensburg: Mondays or Saturdays          Unity Township: Thursdays</p> <p style="text-align: center;">Sign-up NOW</p>	<p style="text-align: center;"><b>Indoor Soccer League</b>  <b>January 14-March 16, 2019</b>          (Age 5-9 yrs)</p> <p style="text-align: center;">Saturday Games at YMCA          Weekday Practices in Greensburg          U6 · U8 · U10</p> <p style="text-align: center;">Sign-up NOW</p>
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## Youth Programming Seasonal Chart

