



# Penn-Trafford Elementary

## October 2018 Lunch Menu

**1**  
**Mini Corn Dogs**  
*Chicken Nuggets w/ Roll*  
Chicken Caesar Salad  
Tater Tots

**2**  
**Breaded Chicken Drumstick w/ Roll**  
*Cheeseburger or Hamburger*  
Chicken Ranch Wrap  
Mashed Potatoes & Gravy

**3**  
**Chicken Alfredo Pasta**  
*Meatball Sub*  
Chicken Caesar Salad  
Seasoned Carrots

**National Taco Day!**  
**Lucky Trays Today**  
**Crunchy Tacos**  
(Chicken or Beef)  
*Pizza Fun Lunch*  
Chicken Caesar Salad  
Seasoned Corn, Black Beans

**5**  
**Pizza Hut PREM**  
(TE/SE/LG)  
**Deep Dish Pizza PREM**  
(MC/HP)  
*Hot Dog*  
Beef Taco Salad  
Seasoned Broccoli

**8**  
**BBQ Rib Sub**  
*Bacon Grilled Cheese Sandwich*  
Ham & Cheese Sandwich  
Baked Fries

**9**  
**Warrior Chicken Bowl**  
*Bagel Fun Lunch*  
BBQ Chicken Wrap  
Mashed Potatoes & Gravy

**10**  
**General Tso's Chicken w/ Rice & Egg Roll**  
*Chicken Patty Sandwich*  
Ham & Cheese Sandwich  
Fresh Apples

**11**  
**Cheese Nachos**  
(Chicken or Beef)  
*Pizza Fun Lunch*  
Ham & Cheese Sandwich  
Seasoned Corn, Black Beans

**12**  
**Pizza Hut PREM**  
(MC/HP)  
**Deep Dish Pizza PREM**  
(TE/SE/LG)  
*Hot Dog*  
Beef Taco Salad  
Seasoned Broccoli

**15**  
**Pizza Sticks w/ Marinara Sauce**  
*Chicken Nuggets w/ Roll*  
Pretzel & Yogurt Pack  
Tater Tots

**16**  
**Breaded Chicken Drumstick w/ Roll**  
*Cheeseburger or Hamburger*  
Chicken Ranch Wrap  
Mashed Potatoes & Gravy

**National Pasta Day!**  
**Pasta w/ Meatballs or Meat Sauce**  
*Meatball Sub*  
Pretzel & Yogurt Pack  
Seasoned Green Beans

**18**  
**Walking Tacos**  
(Chicken or Beef)  
*Pizza Fun Lunch*  
Pretzel & Yogurt Pack  
Seasoned Corn, Black Beans

**19**  
**Pizza Hut PREM**  
(TE/SE/LG)  
**Deep Dish Pizza PREM**  
(MC/HP)  
*Hot Dog*  
Beef Taco Salad  
Seasoned Broccoli

**22**  
**Mini Corn Dogs**  
*Ham & Cheese Pretzel Melt*  
Chicken Chef Salad  
Baked Fries

**23**  
**Bacon Cheeseburger**  
*2 Pancakes w/ 2 Sausage Patties*  
Chicken Ranch Wrap  
Side Salad

**24**  
**Mac & Cheese w/ Roll**  
*Chicken Patty Sandwich*  
Chicken Chef Salad  
Seasoned Peas

**25**  
**Cheese Nachos**  
(Chicken or Beef)  
*Pizza Fun Lunch*  
Chicken Chef Salad  
Seasoned Corn, Black Beans

**26**  
**Pizza Hut PREM**  
(MC/HP)  
**Deep Dish Pizza PREM**  
(TE/SE/LG)  
*Hot Dog*  
Beef Taco Salad  
Seasoned Broccoli

**29**  
**Pizza Sticks w/ Marinara Sauce**  
*Chicken Tenders w/ Roll*  
Ham Chef Salad  
Baked Fries

**30**  
**Warrior Chicken Bowl**  
*Bagel Fun Lunch*  
BBQ Chicken Wrap  
Mashed Potatoes & Gravy

**Halloween!**  
**Ace Prizes Today**  
**Sweet & Sour Chicken w/ Rice & Egg Roll**  
*Chicken Patty Sandwich*  
Ham Chef Salad

**1**  
**Walking Tacos**  
(Chicken or Beef)  
*Pizza Fun Lunch*  
Ham Chef Salad  
Seasoned Corn, Black Beans

**2**  
**Pizza Hut PREM**  
(TE/SE/LG)  
**Deep Dish Pizza PREM**  
(MC/HP)  
*Hot Dog*  
Beef Taco Salad  
Seasoned Broccoli

### Information & Pricing

**Milk Options:** 1%, Flavored, Skim or Lactaid  
**Make It A Meal!** Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!  
Full Price: \$2.25      Reduced Price: \$0.40  
Pizza Premium Price: \$2.60      Free to those who qualify

**Additionally available throughout each week:**  
**Fruits:** Apples, Oranges, Pears, Diced Pears, Applesauce, Diced Peaches, Mixed Fruit  
**Vegetables:** Broccoli Florets, Baby Carrots, Celery Sticks, Cucumber Slices, Side Salads, Grape Tomatoes  
**Questions?** Contact us at [pthsafe@penntrafford.org](mailto:pthsafe@penntrafford.org) or 724-744-2664