



Penn-Trafford Elementary

January 2020 Breakfast Menu

30
Holiday

No School

31
Holiday

No School



2
Breakfast Pizza
Oatmeal Chocolate Chip Benefit Bar

Cocoa Puffs

3
Vanilla Glazed Cinnamon Roll

Apple Nutri-Grain Bar

Cocoa Puffs

6
Colby Omelet w/Sausage Patty

Banana Chocolate Chip Benefit Bar

Cinnamon Toast Crunch

7
Apple Frudel

Toasted Bagel w/String Cheese

Cinnamon Toast Crunch

8
Glazed Donut

Trix Yogurt w/Cinnamania Graham Crackers

Cinnamon Toast Crunch

9
Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Cinnamon Toast Crunch

10
Ham & Egg on Toasted English Muffin

Apple Nutri-Grain Bar

Cinnamon Toast Crunch

13
Pancakes w/Sausage Patty & Syrup

Banana Chocolate Chip Benefit Bar

Frosted Flakes

14
Strawberry Parfait

Toasted Bagel w/String Cheese

Frosted Flakes

15
Donut Holes

Trix Yogurt w/Cinnamania Graham Crackers

Frosted Flakes

16
Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Frosted Flakes

17
Sausage & Egg Breakfast Sandwich

Apple Nutri-Grain Bar

Frosted Flakes

20
Act 80 In-Service

No School

21
Cinni-Minis

Toasted Bagel w/String Cheese

Lucky Charms

22
Sugared Donut

Trix Yogurt w/Cinnamania Graham Crackers

Lucky Charms

23
Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Lucky Charms

24
Ham & Egg Breakfast Sandwich

Apple Nutri-Grain Bar

Lucky Charms

27
Mini Berry Burst French Toast

Banana Chocolate Chip Benefit Bar

Golden Grahams

28
Cinnamon Toast Crunch Filled Pastry

Toasted Bagel w/String Cheese

Golden Grahams

29
Cinnamon Roll

Trix Yogurt w/Cinnamania Graham Crackers

Golden Grahams

30
Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Golden Grahams

31
Sausage & Egg Bagel Sandwich

Apple Nutri-Grain Bar

Golden Grahams

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
Full Price: \$1.30 Reduced Price: \$0.30
Free to those who qualify

Additionally Available Throughout Each Week:

Entrees: Strawberry, Cinnamon, & Fudge Pop-Tarts, Cheerios
Juice: Apple, Grape, & Orange
Fruits: Apples, Oranges, Bananas & Pears

Questions? Contact us at
pthscafe@penntrafford.org or 724-744-2664