



2001 Municipal Court  
Harrison City, PA 15636  
724-744-2171, ext. 204/205  
724-744-2172 fax

Mon-Fri, 9:00am-4:00pm  
www.PTARC.org  
Facebook.com/ ptarc recreation



**PTARC** has some openings in our American Red Cross Swimming Instructions! See below the highlighted areas which contain the number of spots available for each session. Please register soon to be guaranteed a place in the classes. If you have any questions give us a call at 724-744-2171 ext. 204 or 205 to register visit [www.ptarc.org](http://www.ptarc.org) and check the "**AQUATIC**" box.

### American Red Cross Swimming Instruction

**Babies with Parent ages 1-3** Parent or guardian must participate with child. Introduction to the water through fun activities.

#### **Pre-Swim (Level I) Ages 4-5**

Water Exploration Skills: Children must be able to listen to oral instruction and get in the water without parents. Assists students in feeling comfortable in the water. All children below age 6 take Pre-Swim. Ages 4-5 who can float front & back by themselves and who are comfortable in deep water will be taught in a separate group.

#### **Beginners (Levels II & III) Ages 6 & up**

Students are tested during the first class and separated by ability into Level II or Level III.

#### **Advanced Beginners/Intermediates/Swimmer (Levels IV, V & VI) Ages 6 & up**

Child must have completed the preceding level and received a passing card to move to the next level.

#### **Lifeguarding Ages 15 & up**

Must pass pre-test at first class including non-stop 12 length swim of freestyle & breast stroke (300 yards), and 10 lb brick retrieval from 10' depth. Must attend all sessions and pass certification test at conclusion of instruction. \$249 fee includes book and materials. **Recertification**, 10 hours of instruction, for those already certified but about to expire. Must register by February 25. Must attend March 2 and 2 other dates, TBD and pass CPR/FA class and final tests- \$50 fee

Coordinator: Becky Lingenfelter

**Location:** Penn Trafford High School Pool

**First 9 day session: Weekdays (no Sat/Sun): 9 days, March 19, 20, 21, 22, 25, 26, 27, 28 & 29**

4:15-4:45 pm Babies with Parents

4:45-5:15 pm Pre-Swim

5:15-6:15 pm Beginners

**Second 9 day session: Weekdays (No Sat/Sun): 9 days, April 1, 2, 3, 4, 5, 8, 9, 10 & 11**

4:15-4:45 pm Pre-Swim

4:45-5:45 pm Beginners

5:45-6:45 pm Adv. Beginners, Intermediates, Swimmers

**One 9 Week Saturday Session Saturdays, March 2-May 11 (no class 3/9 & 4/20)**

1:00-1:30 pm Pre-Swim

1:30-2:00 pm Babies with Parent FULL

2:00-3:00 pm Advanced Beginners, Intermediates Swimmers

3:00-4:00 pm Beginners FULL

4:00-4:30 pm Babies with Parent

4:30-5:00 pm Pre-Swim

**Fee:** Penn Trafford School District Residents: Babies/Pre-Swim \$49, Beginners/Adv.Beg/Intermediate/Swimmer \$59;

Non-Residents: Babies/Pre-Swim \$57, Beginners/Adv. Beg/Intermediate/Swimmer \$67

**Limit:** Number of students in each class is limited in order to assure safety and quality instruction.