



Penn-Trafford Elementary December 2019 Breakfast Menu

2
Holiday

No
School

3
Apple Frudel
Mini Cinni's
Cocoa Puffs

4
Sugared Donut Holes

Trix Yogurt
w/Cinnamania
Graham Crackers

Cocoa Puffs

5
Breakfast Pizza

Oatmeal Chocolate
Chip Benefit Bar

Cocoa Puffs

6
Vanilla Glazed
Cinnamon Roll

Apple Nutri-Grain Bar

Cocoa Puffs

9
4 French
Toast Sticks

Banana Chocolate
Chip Benefit Bar

Cinnamon Toast
Crunch

10
Apple Frudel
Mini Cinni's
Cinnamon Toast
Crunch

11
Cinnamon Sugar
Donut Holes

Mini Strawberry
Bagels

Cinnamon Toast
Crunch

12
Breakfast
Pizza

Oatmeal Chocolate
Chip Benefit Bar

Cinnamon Toast
Crunch

13
Gingerbread
Glazed Cinnamon
Roll

Apple Nutri-Grain Bar

Cinnamon Toast
Crunch

16
Soft-Filled Cinn.
Toast Crunch Bar

Banana Chocolate Chip
Benefit Bar

Lucky Charms

17
Strawberry
Parfait

Mini Cinni's
Lucky Charms

18
Lucky Charms
Glazed Donut

Trix Yogurt
w/Cinnamania
Graham Crackers

Lucky Charms

19
Apple Pie
French Toast

Oatmeal Chocolate
Chip Benefit Bar

Lucky Charms

20
Cherry Frudel

Apple Nutri-Grain Bar

Lucky Charms

23
Holiday

No
School

24
Holiday

No
School



26
Holiday

No
School

27
Holiday

No
School

30
Holiday

No
School

31
Holiday

No
School



2
Breakfast
Pizza

Oatmeal Chocolate
Chip Benefit Bar

Frosted Flakes

3
Bacon & Egg
Bagel Sandwich

Apple Nutri-Grain Bar

Frosted Flakes

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable,
AND a milk all for one price!
Full Price: \$1.30 Reduced Price: \$0.30
Free to those who qualify

Additionally Available Throughout Each Week:

Entrees: Strawberry, Cinnamon, & Fudge Pop-Tarts
Fruits: Fruit Punch, Apple, or Orange Juice, Apples,
Oranges, & Pears
Questions? Contact us at
pthscafe@penntrafford.org or 724-744-2664