



Penn-Trafford Elementary

November 2019 Breakfast Menu

<p>4</p> <p>4 French Toast Sticks</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Cinnamon Toast Crunch</p>	<p>5</p> <p>Apple Frudel</p> <p><i>Mini Cinni's</i></p> <p>Cinnamon Toast Crunch</p>	<p>6</p> <p>Cinnamon Sugar Donut Holes</p> <p><i>Mini Strawberry Bagels</i></p> <p>Cinnamon Toast Crunch</p>	<p>7</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Cinnamon Toast Crunch</p>	<p>8</p> <p>Chocolate Glazed Cinnamon Roll</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Cinnamon Toast Crunch</p>
<p>11</p> <p><u>No School</u></p>	<p>12</p> <p>Strawberry Parfait</p> <p><i>Mini Cinni's</i></p> <p>Lucky Charms</p>	<p>13</p> <p>Cherry Frudel</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Lucky Charms</p>	<p>14</p> <p>Lucky Charms Glazed Donut</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Lucky Charms</p>	<p>15</p> <p>Bacon & Egg Bagel Sandwich</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Lucky Charms</p>
<p>18</p> <p>Sausage Wrapped Pancake</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Cocoa Puffs</p>	<p>19</p> <p>Apple Frudel</p> <p><i>Mini Cinni's</i></p> <p>Cocoa Puffs</p>	<p>20</p> <p>Cinnamon Spice Donut Holes</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Cocoa Puffs</p>	<p>21</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Cocoa Puffs</p>	<p>22</p> <p>Pumpkin Spice Glazed Cinnamon Roll</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Cocoa Puffs</p>
<p>25</p> <p>Soft-Filled Cocoa Puff Bar</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Frosted Flakes</p>	<p>26</p> <p>Peach Parfait</p> <p><i>Mini Cinni's</i></p> <p>Frosted Flakes</p>	<p>27</p> <p>Frosted Flakes Topped Donut</p> <p><i>Mini Strawberry Bagels</i></p> <p>Frosted Flakes</p>	<p>28</p> <p><u>Thanksgiving</u></p> <p></p> <p><u>No School</u></p>	<p>29</p> <p><u>Holiday</u></p> <p><u>No School</u></p>
<p>2</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>3</p> <p>Apple Frudel</p> <p><i>Mini Cinni's</i></p> <p>Cocoa Puffs</p>	<p>4</p> <p>Sugared Donut Holes</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Cocoa Puffs</p>	<p>5</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Cocoa Puffs</p>	<p>6</p> <p>Vanilla Glazed Cinnamon Roll</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Cocoa Puffs</p>

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
 Full Price: \$1.30 Reduced Price: \$0.30
 Free to those who qualify

Additionally Available Throughout Each Week:

Entrées: Strawberry, Cinnamon, & Fudge Pop-Tarts
Fruits: Fruit Punch, Apple, or Orange Juice, Apples, Oranges, & Pears
Questions? Contact us at pthscafe@penntrafford.org or 724-744-2664