

MARCH 2019

TUCKAHOE SCHOOLS

BREAKFAST MENU



DAILY SPECIALS AVAILABLE:				
CHOICE OF 1% MILK, FAT FREE UNFLAVORED, AND FAT FREE CHOCOLATE MILK	100% JUICES Please let us know if you have any food allergy concerns	MUFFINS: BANANA, APPLE, BLUEBERRY AND DOUBLE CHOCOLATE! CINNAMON APPLE!	FRESH FRUIT!	Student Breakfast \$1.25 Reduced: \$0.25 Adult: \$2.25 plus tax
	NATIONAL SCHOOL BREAKFAST WEEK! MARCH 4—MARCH 8	BREAKFAST SERVICE: WILLIAM E. COTTLE: 8:00—8:30 HS/MS: 7:15 -9:30	Menu's are subject to change without notice This institution is an Equal Opportunity Employer	01 Pancakes served with Turkey Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
04 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	05 Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	06 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	07 Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	08 Scrambled Eggs with Cheese 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate
11 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	12 Egg & Cheese Bagel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	13 Waffles with Warm Fruit Topping 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	14 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	15 Superintendent Conference Day School Closed
18 Whole Grain Mini Maple Pancakes 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	19 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	20 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	21 Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	22 Eggs & Turkey Sausage On Whole Grain Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
25 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	26 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	27 Egg & Cheese on Whole Grain Bagel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	28 Sunberry Fruit Round 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, 1% Milk, Fat Free Chocolate