

TUCKAHOE CAMPUS LUNCH MENU JANUARY 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials				
LOOK FOR JANUARY PROMOTION AND TASTE TEST! <i>Student Lunch: \$2.85</i> <i>Reduced: \$.25</i> <i>Adult Lunch: \$3.78</i>	<u>DELI STATION:</u> <u>Assorted Meats & Cheese & Healthy Toppings</u> <u>Now offering</u> <u>Boars Head Ham and Oven Gold Turkey</u>	HOMEMADE SOUPS EVERYDAY! Grab N Go: Variety of Platters, Sandwiches and Salads Available Yogurt Parfaits!	<u>PIZZA STATION:</u> <i>Cheese Pizza,</i> <i>Pepperoni Pizza,</i> <i>BBQ Chicken Pizza</i> Stromboli & Calzones <i>Lunch Service:</i> 11:10am —12:45pm	<u>FROM THE GRILL:</u> Cheeseburger, Hamburger, Veggie Burger, Chicken Patty, Chicken Nuggets
<i>Please let us know if you have any food allergy concerns</i>	01 HAPPY NEW YEARS! School Resumes January 2, Wednesday	02 Chicken Parm with Garlic Bread The Backyard Burger Green Beans Red Pepper Strips Fresh Banana	03` Chicken Teriyaki Chicken Soup with Grilled Cheese Pinto Beans Celery & Carrot Sticks Ripe Bananas	04 Deep Dish Pizza (Pepperoni/Cheese) Mac N Cheese Corn on the Cob Tomato Wedges Fresh Oranges
07 Mozzarella, Basil Tomato on Ciabatta Disco Fries: Beef, Cheese & Gravy Seasoned Green Beans Red Pepper Strips NY State Apple	08 Chicken Veggie Stir Fry Roasted Turkey with Mashed Potatoes Buttery Peas Fresh Spinach Salad Fresh Orange	09 Bacon Burger with Cheese on Pretzel Roll Chicken & Waffles with Maple Syrup Corn on the Cob Petit Banana	10 Seasoned Beef in a Crunchy Taco Crispy Chicken Tender Wrap Veggie Beans Fresh Baby Carrots Fresh Pineapple	11 Pizza Dippers with Sauce Loaded Chili Fries Seasoned Broccoli Tomato Wedges NY State Apple
14 Oriental Beef Dippers with Rice Chicken Sliders (2) Seasoned Broccoli Red Pepper Strips NY State Apple	15 Cheese Calzone with Marinara Sauce Boneless Pulled Pork (P) with Rice & Beans Sweet Buttery Peas Celery Sticks Fresh Blueberries	16 Chicken Caesar Wrap Baked Ziti served with Garlic Bread Roasted Zucchini Fresh Baby Carrots Pineapple Chunks	17 Beef & Cheese Quesadilla Chicken Parm Hero BBQ Baked Beans Fresh Broccoli Ripe Banana	18 Pizza Dippers With Marinara Sauce Chicken Nachos Green Beans Cucumber Slices NY State Apple
21 <i>Martin Luther King Jr. Day Observed</i> <i>School Closed</i>	22 Chicken Teriyaki with Sautéed Peppers & Onions Beef Nacho Bowl Seasoned Broccoli Fresh Celery Sticks Fresh Pear	23 The Backyard Burger Topped with Cheese & Spicy French Fries Chicken & Waffles Baked Potato Wedge Fresh Cauliflower NY State Apple	24 BBQ Glazed Boneless Wings Chicken Soup with Bacon Cheese Melt Sweet Buttery Peas Fresh Baby Carrots Oranges	25 Spicy Buffalo Chicken Pizza Meatball Parm Hero Spring Side Salad Baked Veggie Beans Fresh Tomato Wedges Banana
28 Deep Dish Pizza Tomato, Mozzarella, Basil on Toasted Ciabatta Bread Sautéed Spinach Red Pepper Strips NY State Apple	29 Bacon Cheese Burger on Pretzel Roll Chicken Tender Wrap BBQ Baked Beans Tomato Wedges Fresh Orange	30 Baked Ziti with Garlic Bread Chicken Sliders Roasted Zucchini Celery Sticks Cantaloupe Wedges	31 Beef Enchilada Oriental Beef Stir Fry Red & Green Peppers Seasoned Broccoli Fresh Carrots Pears	MENU'S ARE SUBJECT TO CHANGE WITHOUT NOTICE. This institution is an EQUAL OPPORTUNITY EMPLOYER