

TUCKAHOE CAMPUS LUNCH MENU OCTOBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials				
<p><u>PROMOTION:</u> <u>BURGER BLITZ!</u> <u>Atomic Burger</u> <u>AND The</u> <u>BACKYARD</u> <u>BURGER</u></p>	<p><u>Made to Order</u> <u>DELI STATION:</u> <u>Assorted Meats</u> <u>and Cheeses</u> <u>Whole Grain Wraps,</u> <u>Rolls, Flatbread &</u> <u>Gluten Free Breads</u></p>	<p><u>Made to Order</u> <u>Salad Station!</u> Variety of Healthy Choices to Pick from <u>Grab N Go :</u> Variety of Platters, Sandwiches and Salads Available</p>	<p><u>PIZZA STATION:</u> <u>Cheese Pizza,</u> <u>Pepperoni Pizza,</u> <u>BBQ Chicken Pizza</u> <u>Stromboli & Calzones</u> <u>Lunch Service:</u> <u>11:10am —12:45pm</u></p>	<p><u>FROM THE GRILL:</u> <u>Cheeseburger,</u> <u>Hamburger,</u> <u>Veggie Burger,</u> <u>Chicken Patty,</u> <u>Chicken Nuggets</u></p>
<p>01 BBQ Chicken with Cornbread Baked Ziti served with Green Side Salad Fresh Broccoli Cucumber Slices NY State Apple</p>	<p>02 Chicken Parm with Garlic Bread Philly Steak Wrap Peppers & Onions Red Pepper Strips Green Beans Fresh Oranges</p>	<p>03 Pizza Sticks with Marinara Sauce Popcorn Chicken with Lime Chipotle Sauce Roasted Zucchini Baby Carrots Fresh Apricot</p>	<p>04 Nachos with Seasoned Beef Fish Sticks & 'Slaw Black Beans Mexicali Corn Celery Sticks Ripe Bananas</p>	<p>05 Pasta & Meatballs with Marinara Sauce and Garlic Bread Chili Dog (Turkey) Spinach Salad Tomato Wedges Fresh Pear</p>
<p>08 <u>COLUMBUS DAY</u> <u>OBSERVED</u> <u>SCHOOL CLOSED</u></p>	<p>09 Sausage (P), Beans and Rice Bowl Potato Cheese Pierogi Dinner Roll Steamed Carrots Cucumber Slices Strawberries</p>	<p>10 <u>ATOMIC BURGER</u> Pepper jack Cheese, and Hot Sauce Chicken & Waffles with Gravy & Biscuit Roasted Zucchini Fresh Celery Plums</p>	<p>11 Seasoned Beef in a Crunchy Taco Meatball Parm Wrap Veggie Beans Fresh Baby Carrots Apricot</p>	<p>12 <u>BACKYARD</u> <u>BURGER : Cheddar</u> <u>Cheese, Curly Fries</u> <u>& BBQ Sauce</u> Baked Chicken Seasoned Broccoli Red Pepper Strips Fresh Orange</p>
<p>15 Beef & Cheese Quesadilla Pizza Dippers Seasoned Spanish Rice, Mexicali Corn Fresh Baby Carrots Ripe Banana</p>	<p>16 Chicken & Veggie Stir Fry with Peppers, Onions & Broccoli Pulled Pork (P) Ribs Sweet Peas Celery Sticks Fresh Blueberries</p>	<p>17 <u>BBQ BACKYARD</u> <u>BURGER: Cheddar</u> <u>Cheese, Curly Fries</u> Fish Sticks N' Slaw Roasted Zucchini Fresh Broccoli Pineapple Chunks</p>	<p>18 Seasoned Chicken Enchilada on Soft Tortilla Meatball Parm Sub Spicy Black Beans Red Pepper Strips Pears</p>	<p>19 <u>ATOMIC BURGER:</u> <u>Pepper jack Cheese</u> <u>and Hot Sauce</u> BBQ Baked Chicken Spinach Salad Cucumber Slices NY State Apple</p>
<p>22 Boneless Breaded Buffalo or BBQ Chicken Wings Pasta in Alfredo Sauce Celery & Carrot Sticks Steamed Broccoli Fresh NY State Apple</p>	<p>23 Baked Mac & Cheese Grilled Chicken over Caesar Salad Red Pepper Strips Sweet Corn Garlic Parmesan Bread Fresh Honeydew Melon</p>	<p>24 BBQ Pulled Turkey served on a Whole Grain Roll Baked Ziti Sweet Potato Fries Cauliflower Fresh Grapes</p>	<p>25 <u>BBQ Backyard</u> <u>Burger: Cheddar</u> <u>Cheese, Curly Fries</u> Chicken Fajita Cheese & Salsa Black Beans Butternut Squash NY State Apple</p>	<p>26 Meat Lovers Calzone With Pepperoni, Sausage (P), Cheese & Marinara Sauce Green Beans Cucumber Slices Ripe Banana</p>
<p>29 <u>BBQ BACKYARD</u> <u>BURGER : Cheddar</u> <u>Cheese, Curly Fries &</u> Baked Chicken Seasoned Broccoli Red Pepper Strips Fresh Orange</p>	<p>30 Beef & Cheese On Crunchy Taco Pizza Dippers Seasoned Spanish Rice, Mexicali Corn Fresh Baby Carrots Ripe Banana</p>	<p>31 <u>ATOMIC BURGER:</u> <u>Pepper jack Cheese</u> <u>and Hot Sauce</u> BBQ Baked Chicken Spinach Salad Potato Wedges Oranges</p>	<p><i>Student Lunch: \$2.85</i> <i>Reduced: \$.25</i> <i>Adult Lunch: \$3.72</i> <i>(plus tax)</i></p>	<p><u>MENU'S ARE SUBJECT</u> <u>TO CHANGE WITHOUT</u> <u>NOTICE.</u> <u>EQUAL OPPORTUNITY</u> <u>EMPLOYER</u> <i>Please let us know if</i> <i>you have any food</i> <i>allergy concerns.</i></p>