

# DECEMBER 2018

## TUCKAHOE SCHOOLS

### BREAKFAST MENU



DAILY SPECIALS AVAILABLE:				
<b>CHOICE OF 1% MILK, FAT FREE UNFLAVORED, AND FAT FREE CHOCOLATE MILK</b>	<b>BREAKFAST SERVICE: WILLIAM E. COTTLE: 8:00—8:30 HS/MS: 7:15 -9:30</b>	<b>MUFFINS: BANANA, APPLE, BLUEBERRY AND DOUBLE CHOCOLATE! CINNAMON APPLE!</b>	<b>FRESH FRUIT! Only 100% Juices Served</b>	<b>Student Breakfast \$1.25 Reduced: \$0.25 Adult: \$2.25 plus tax</b>
<b>03</b> Warm Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>04</b> Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, 1% Milk Fat Free Chocolate Milk	<b>05</b> Egg & Cheese on Whole Grain Bagel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>06</b> French Toast with Syrup 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>07</b> Chicken Biscuit Breakfast Slider 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
<b>10</b> Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	<b>11</b> Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>12</b> Egg & Cheese Breakfast Burrito on Whole Grain Tortilla 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>13</b> Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	<b>14</b> Scrambled Eggs with Turkey Bacon on English Muffin 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate
<b>17</b> Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>18</b> Whole Grain Maple Pancakes 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>19</b> Chicken Biscuit Breakfast Slider 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>20</b> Whole Grain Waffles Warm Fruit Topping 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	<b>21</b> Egg & Cheese with Turkey Sausage 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
<b>24</b> <b>HOLIDAY RECESS BEGINS</b>	<b>25</b> <b>Monday December 24th</b>	<b>26</b> <b>School Resumes Wednesday, January 2nd</b>	<b>27</b>	<b>28</b> <b>ENJOY!</b>
<b>29</b> 	<b>January 1, 2019</b> <b>New Years Day Observed</b> <b>Happy New Years!</b>	<b>02</b> <b>Welcome Back! School Resumes</b>	<b>29</b> <b>Please let us know if you have any food allergy concerns</b>	<b>Menu's are subject to change without notice</b>  <b>This institution Equal Opportunity Employer</b>