

Robert Treat Academy

Snack Menu *August* 2018

NUTRITION NEWS:

Did you know August is National Family Fun Month? Studies show children are more likely to eat their meal if they are involved in the process. Invite your child to help chop vegetables for a side dish or mix together ingredients for a fruit salad. Whether your child is 3 or 12 there are a variety of tasks kids can help with based on their skillset! Make meal preparation and dinnertime more fun by getting the kids involved!

MENU SUBJECT TO CHANGE

Connect with us!



@maschiofood



Monday	Tuesday	Wednesday	Thursday	Friday
<i>We Hope You Enjoyed Your Summer Vacation!</i>		1 WELCOME BACK Goldfish Cheddar Cheese Crackers 100% Juice	2 Pretzels 100% Juice	3 Graham Crackers 100% Juice
6 Cheez-It Crackers 100% Juice	7 Cereal Bar 100% Juice	8 Goldfish Cheddar Cheese Crackers 100% Juice	9 Pretzels 100% Juice	10 Graham Crackers 100% Juice
13 Cheez-It Crackers 100% Juice	14 Cereal Bar 100% Juice	15 Goldfish Cheddar Cheese Crackers 100% Juice	16 Pretzels 100% Juice	17 School Closed
20 Cheez-It Crackers 100% Juice	21 Cereal Bar 100% Juice	22 Goldfish Cheddar Cheese Crackers 100% Juice	23 Pretzels 100% Juice	24 School Closed
27 School Closed	28 School Closed	29 School Closed	30 School Closed	31 School Closed

Healthy Meals Grow Healthy Kids!



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