

Charter School Breakfast Menu



Breakfast Cycle Menu (May-June 2018)** (January-June 2018)

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05/07-05/11	Strawberry Pop Tart(1) or WG Cereal (1) LF Yogurt (½ c) Banana (1) 100% Fruit Juice (½ c) FF Choc/ 1% Milk	PB & J Sandwich (1) or WG Cereal (1) LF Yogurt (½ c) Oranges (1) 100% Fruit Juice (½ c) FF Choc/ 1% Milk	Waffles (2) or WG Cereal (1) LF Yogurt (½ c) Pear (1) (Cut in ½) 100% Fruit Juice (½ c) FF Choc/1% Milk	Bacon & Egg Biscuit (1) or LF Yogurt (½ c) WG Cereal (1) Apple (1) 100% Fruit Juice (½ c) FF Choc/1% Milk	Pancakes (2) or WG Cereal (1) LF Yogurt (½ c) Pear (½ c) 100% Fruit Juice (½ c) FF Choc/ 1% Milk
05/14-05/18	Strawberry Pop Tart (1) or LF Yogurt (½ c) WG Cereal (1) Apple 1c (Cut in ½) 100% Fruit Juice (½ c) FF Choc/1% Milk	Bean & Cheese Burrito (1)or WG Cereal (1) LF Yogurt (½ c) Orange (1 c) 100 % Fruit Juice (½ c) FF Choc/1% Milk	Banana Muffin(1) or WG Cereal (1) LF Yogurt (½ c) 100% Fruit Juice (½ c) Pear (1 c) FF Choc/ 1% Milk	PB & J Sandwich(1) or WG Cereal (1) LF Yogurt (½ c) Apple (1) 100% Fruit Juice (½ c) FF Choc/1% Milk	Waffles (2) or WG Cereal (1) LF Yogurt (½ c) Banana (1) 100% Fruit Juice (½ c) FF Choc/1% Milk
05/21-05/25	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE
05/28-06/01	MEMORIAL DAY NO CLASSES	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	SUMMER STARTS YEA!!!

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

Non Discrimination Statement

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