



Free Friends & Family CPR Training

The Third Saturday of Every Month
10 a.m.-Noon
Griffin Hospital

Griffin Hospital Valley Parish Nurses are encouraging individuals to be a hero for their friends and family by offering free Friends & Family CPR Training. The Family & Friends CPR is a non-certifying course that teaches the basics of adult and child CPR and relief of a foreign body (choking). Infant skills will be offered at the end of the program to those who wish to learn these additional skills.

Registrations are required as space is limited.

Call Cathi at 203.732.1337 to sign up or for more information.



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