

# Delone Catholic High School

MARCH 2019

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Jan 23, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1  Tacos, make your own Tex-Mex Vegetables Mixed Fruit Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - PB&J Sandwich
Mar - 4  GI Chicken Brst Sand Baked Potato Carrots, Candied Peaches, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 5  Chicken Ch Quesadilla Green Beans Potato Chips/Ch Balls Pineapple Tidbits Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 6  Fish Sandwich Buttered Noodles Corn Applesauce Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - PB&J Sandwich	Mar - 7  Salisbury Steak Mashed Potatoes Corn Bread Stuffing Beef Gravy Pears, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar	Mar - 8  Delone Pizza Side Salad Mixed Fruit Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - PB&J Sandwich
Mar - 11  Meatballs Pierogies Snack Bar Green Beans Peaches, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 12  Hot Ham & Cheese Sand on Pretzel Roll Green Beans Scalloped Potatoes Pineapple Tidbits Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 13  Chili Con Carne Gr Cheese Sandwich Vege Pack w/Dip Applesauce Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand Alt-Corn Bread	Mar - 14  Johnny Marzetti Bosco Stick Side Salad Pears, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar	Mar - 15  Cheese Calzone Peas Potato Chips/Ch Balls Mixed Fruit Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - PB&J Sandwich
Mar - 18  Pulled Pork BBQ Sub Au Gratin Potatoes Peas Peaches, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 19  Pepperoni Stuffed San Peas Potato Chips/Ch Balls Pineapple Tidbits Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 20  Md Crm of Crab Soup Bread Sticks w/Cheese Vege Pack w/Dip Applesauce Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 21  Turkey Bread Stuffing Mashed Potatoes Corn Turkey Gravy Pears, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar	Mar - 22  NO SCHOOL

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar - 25  Philly Ch Steak Sub Sweet Potatoes Peaches, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 26  Spicy Ckn Patty Sand Green Beans Potato Chips/Ch Balls Pineapple Tidbits Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 27  Chicken Pot Pie Chicken Salad Sandwich Saltines Vege Pack w/Dip Applesauce Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 28  Meatloaf with Gravy Pierogies Snack Bar Corn Pears, Sliced Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - Hot Dog Sand	Mar - 29  Cheese Quesadilla Potato Chips/Ch Balls Green Beans Mixed Fruit Fresh Fruit Juice Cups Milk 1% White Milk 1% Choc Alt - Salad Bar Alt - PB&J Sandwich

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