
The Mental Health Association in New York State (MHANYS)
invites schools to join our web-based conversation series...

**Maintaining Mental Health in Schools
During Social Distancing:
an MTSS approach**
the week of April 13-17 at 2pm

The MHANYS School Mental Health Resource and Training Center has gathered three impressive panels of school personnel and subject matter experts to respond to questions about how schools can best maintain the mental health and wellness of students, families and staff during these challenging times.

We've organized our conversations by addressing the issue through the lense of a multi-tiered system of supports consistent with a school intervention framework.

Please join us for the discussions listed below which will be recorded and made available at www.mentalhealthEDnys.org for future viewing. Registration links are provided below for each of the sessions.

TIER 1: Monday, April 13 at 2 pm

Discussion topics: how to support coping strategies and SEL, establish realistic expectations, and strategies to identify and meet the rapidly changing needs of students, families and staff.

Panelists: Jessica Wright, Health Educator, Monroe-Woodbury School District; Sue Wollner, MHANYS Education Consultant; Jessica Rossetti, Queensbury Elementary School Principal; and Dana Pierce, Fayetteville-Manlius High School Counselor

TIER 2: Wednesday, April 15 at 2 pm

Discussion topics: how to support students with pre-existing or emerging mental health problems and maintain contact with students for whom safety is a concern.

Panelists to be announced soon

TIER 3: Friday, April 17 at 2 pm

Discussion topics: strategies to maintain school-based student support services during remote learning, respond to crisis situations, and prepare for the return to school, including increases in trauma and grief.

Panelists to be announced soon

The School Mental Health Resource and Training Center is a project of Mental Health Association in New York State, Inc. with funding from the New York State Legislature and Executive.

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