



June 25, 2020

Dear Colleague,

We are in the midst of unprecedented times, and being trauma-informed is especially important these days. Most if not all of us are facing significant and multiple forms of stress. That said, the way we take care of ourselves and each other can effectively counteract trauma and build wellness and resilience. Trauma-informed practices have a powerful impact on the way we serve our clients, supervise our staff, manage our organizations, and work together as a system.

The CCSI Trauma Subcommittee is reaching out to key stakeholders in our system of care to get a sense of the County's overall needs and readiness for continuing efforts to make trauma informed systems change. As such, we would like to invite you to complete a **very brief, 8-item survey**. This survey is completely anonymous, and no IP addresses will be tracked. Aggregated results will be shared with CCSI and used to help the Committee focus and prioritize its efforts.

To access the survey, please click on the link below.

<https://www.surveymonkey.com/r/ADKARplus>

**Please respond no later than Friday, July 10<sup>th</sup>.**

If you have any questions or concerns, feel free to contact Dr. Andy Bell at (914) 995-5256. Thanks in advance for your participation.

Sincerely,

Jenna Velez  
Leith Colton  
Andy Bell

Co-Chairs, CCSI Trauma Subcommittee