

Join Us for a NEW CTAC Webinar!

**Helping Students Adjust
to the New Normal:**

**Integrating Trauma-Informed and Resilience
Building Practices as Students Return to School**



Tuesday, July 28th

12-1 PM

Presented by:

James Rodriguez, LCSW, PhD

Briana Gonçalves, MA

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The need for resilience building and trauma-informed approaches in schools is extremely high. The global pandemic and racial unrest in our communities represent major stressors that can affect student learning and mental health and schools must be prepared to meet the social-emotional needs of students returning to school. Uncertainty and concerns about safety after a long hiatus from normal school routines will likely be high for all children and youth, and many students may also be returning from more severe exposure to major adversity.

In this webinar, we will review a working model for a 3-tiered trauma-informed approach to help schools prepare for the return of children and youth to schools. The working model includes three tiers of interventions: universal, selected and targeted. The presentation will also focus on practical Tier 1 approaches that can be implemented by teachers and school-based mental health providers to promote safety, self-regulatory skills, and connections among students in a virtual and in-person school environment.

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About the Presenters:

Dr. James Rodriguez is a Senior Research Scientist and Director of Trauma-Informed Services at the McSilver Institute for Poverty Policy and Research. He is a New York State-licensed clinical social worker and psychologist with over 25 years of providing mental health services to children, youth and families in a variety of service settings, including direct practice, training and research experience in the area of trauma treatment and services.

Briana Gonçalves is a Program Associate at the McSilver Institute for Poverty Policy and Research, where she facilitates the creation and coordination of training, tools, and resources to support the diverse service delivery and business needs of the behavioral health and I/DD provider populations. Prior to joining the McSilver Institute, Gonçalves worked with Success Academy Charter Schools in Brooklyn, NY fostering an environment of intellectual growth in a K-4 elementary school. Gonçalves is pursuing her doctoral studies at NYU Steinhardt in Educational Leadership, and she is a graduate of NYU Steinhardt's master's degree program in educational leadership, politics, and advocacy.

If you have any questions, please contact us at ctac.info@nyu.edu.

