

## **GRANDPARENT RESOURCE CENTER: A HELPING HAND**



### **For Grandparents Who Are Raising Grandchildren**

Today, more than six million children live with a grandparent. In one-third of these homes, there are no parents. More than one million older people are now bringing up their children's children on their own.

It is no wonder that so many caregiving grandparents feel isolated from their peers and distressed about the collapse of their family network. Because a great number of these older people live in underserved communities, they are more likely to have health and social problems as well.

These grandparents need a helping hand—they need the Department for the Aging's Grandparent Resource Center.

If you or someone you know is one of these special grandparents, please call 311 and find out what the Grandparent Resource Center can do for you.

All services are free and confidential!

### **The Grandparent Resource Center**

The New York City Department for the Aging's Grandparent Resource Center was established in 1994 in response to a growing trend in the United States — grandparents who have sole responsibility for raising their grandchildren. The Center provides information and assistance to people 50 and older who are raising grandchildren and other young relatives and may need services to help them with this new role.

The Center's resource specialists work with these grandparents to understand their needs so they can make appropriate referrals to community based organizations throughout New York City. Resource specialists can connect grandparents to organizations that offer information on legal issues, entitlements, kinship foster care, and other topics.

The Center also offers technical assistance to individuals and organizations who wish to provide services to grandparent caregivers. In addition, the Center sponsors a network

for grandparent support group facilitators to exchange ideas, collaborate on events, and receive specialized training. For the latest information, visit the Center web site at <http://www.nyc.gov/html/dfta/html/grc.html>.

**The Grandparent Resource Center can help you...**

- Find a support group in your community
- Discover financial and health benefits you and your family are entitled to
- Gather information on adoption, kinship foster care, and child custody options
- Negotiate the city's aging and child welfare systems
- Access other Department for the Aging programmatic services:  
Resource Library  
Holiday Toy Drive  
Recreational Activities  
Summer Camp Program

**The Grandparent Resource Center offers:**

**Free Publications:**

**The Grandparents Raising Grandchildren Book**—a resource directory detailing health and social services, benefits and entitlements, guardianship, kinship foster care, legal and financial choices, and many other areas of help.

**Skipped Generation Grandparent Support Group Guide**—find a support group in your borough.

**For Grandparents Raising Grandchildren: A Series of Workshops to Help You COPE, Part I**

**For Grandparents Raising Grandchildren: More Help for You and Your Family, Part II**—designed for workgroup leaders but useful for grandparents as well, these curricula cover such issues as negotiating systems, discipline and behavior, and dealing with biological parents.

**Free Support**

Learn how to start your own grandparent support group.

**Free Training**

Find out about training sessions for support group facilitators.

**Free Information**

Grandparent Information Workshops in your borough that can help with information on legal issues, entitlements, kinship foster care, and healthcare.

For additional information about the Grandparent Resource Center or other Department for the Aging services, or to order a publication complete this Form and mail to:

New York City Department for the Aging  
Grandparent Resource Center  
2 Lafayette Street, 4th Floor  
New York, NY 10007

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Please check:

The Grandparents Raising Grandchildren Resource Directory

Skipped Generation Grandparent Support Group Guide

For Grandparents Raising Grandchildren: A Series of Workshops to Help You COPE

For Grandparents Raising Grandchildren: More Help for You and Your Family

Information on the benefits and services of the New York City Department for the Aging

**All inquiries are kept confidential.**

**The New York City Department for the Aging**

The Department for the Aging provides a wide array of programs and services to the elderly of New York, many of who helped build this great city. The skills, cultural richness, and community contributions of senior citizens continue to be a tremendous resource for all New Yorkers.

For information regarding these and other City services, call 311.

MICHAEL R. BLOOMBERG  
Mayor  
City of New York

Lilliam Barrios-Paoli  
Commissioner  
NYC Department for the Aging  
<http://www.nyc.gov/aging>

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