

RULER ANCHOR

TAKE-HOME ACTIVITIES

IMPORTANT TEACHER INSTRUCTIONS

Preparing Students to Succeed

In these take-home Anchor Tool activities, students will take the lead.

In order to do this well, they need to:

1. Understand the purpose of the particular Anchor Tool they'll be telling their families about.
2. Understand the goals of the activity.
3. Practice explaining the Anchor and leading each step of the activity in class. *This is essential for non-readers and early readers, and still important for all grade levels.*

We have seen that students can be excellent ambassadors for RULER! We hope that your students and families enjoy the activities and find them meaningful – and that these create another opportunity for you to engage families in the value of social and emotional learning for your students.

The RULER for Families Team

The Activity Packet:

- Each Anchor activity should be accompanied by the corresponding Anchor Tool Overview sheet. For example, all Charter activities, K–5, should include the Charter Overview handout, and so on.
- Each K–5 activity has a brief explanation for the families, with key ideas and activity goals, so that they know how to be supportive.
- Please print single sided, because some activities have pieces to be cut out.
- They are designed in color, but do not have to be printed in color.
- In some cases, if a child is from a large family, you may need to send home extra activity sheets.
- If a student doesn't have a grown-up at home to do the activity with, hopefully you can help find a willing adult at school.
- It is up to you about whether or not you ask students to bring something back to school. In most cases, we assume this will stay at home, with the expectation that everyone does it and that the teacher follows up to know how it went.