MOUNT PLEASANT COTTAGE SCHOOL UNION FREE SCHOOL DISTRICT
INDIVIDUAL ATHLETIC PROFILE FOR MIXED COMPETITION
(Please type or print.)

Part I: School Information

District ____________________________ Superintendent ____________________________
City ________________________________ Athletic Director __________________________
School Physician ______________________ Family Physician _________________________
Physical Education Teacher ____________________________

Part II: Student Information

Previous mixed competition? ______ Yes ______ No
Name ________________________________ What sport and level? ______________________
Age ______ Grade ________ Sport and level being requested? _________________________

Part III: Physical Education and Medical History

Is the student enrolled in regular physical education without restrictions? ______ Yes ______ No
If NO, explain ________________________________________________________________
History of conditions, injuries or illness that would be restricting? ______ Yes ______ No
If YES, explain ________________________________________________________________

Part IV: Physical Data

Weight _______ lbs. Height _______ Feet _______ Inches _______ Maturity Level ________
Body Type (Y check): Mesomorph _______ Endomorph _______ Ectomorph _______
Comments: ________________________________________________________________
________________________________________________________
________________________________________________________

(Continued)
Part V: Athletic Performance Test Scores

- Shuttle Run
- Stomach Curls
- Long Jump
- 50 Yard Dash
- Flexed Arm Hang
- 1.5 Mile Run

Part VI: Panel Decision

Approved for tryout: ______ Yes ______ No

Reason(s)

Panel Members:

School Physician (print or type name) ________________________________

Signature ________________________________

Physical Education Teacher (print or type name) ________________________

Signature ________________________________

Family Physician or other appointee (print or type name) ________________

Signature ________________________________