

Lenten & Easter Schedule of Masses & Activities
Saint Agnes Catholic Community
March 6 - April 21, 2019

Dear Parishioners,

Lent is a time of renewal and conversion. During these forty days we discover where we need to change. We look to Jesus for direction. His goodness is a mirror for our lives. Like Jesus, we are invited to go into the desert away from all those things that distract us, and examine the way we live and see if there is a need for change. Our willingness to experience a change of heart will allow the love of Jesus to be more evident in us. On Easter morning we will truly be resurrection people.

All our parishioners are invited to participate in Lenten and Easter Masses and other spiritual activities. As a parish family, we join the Universal Church in this Lenten journey, which leads to Easter Resurrection.

LENTEN REGULATIONS

- **Ash Wednesday and Good Friday are days of abstinence from meat and also days of fast, that is, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another meal.**
- **The other Fridays of Lent are days of abstinence from meat.**
- **The obligation to abstain from meat commences at fourteen (14) years of age.**
- **The obligation to fast commences at eighteen (18) years of age and ends at fifty-nine (59) years of age.**
- **Although the faithful may excuse themselves for a just cause from these laws of fast and abstinence, there is an obligation to substitute another penance and no Catholic should lightly excuse himself/herself from this obligation in the Lenten season.**

ASH WEDNESDAY

March 6, 2019 **Masses: 6:45am, 9:00am and 5:30pm**
with the distribution of ashes.
This is a day of Fast and Abstinence

DAILY MASSES

Monday, Tuesday, Wednesday, Friday	6:45am and 9:00am
Thursday	6:45am (Communion Service) and 9:00am (Mass)
Saturday	8:00am

STATIONS OF THE CROSS & BENEDICTION

Every Friday at 7:00pm at St. Agnes Church
(NO Stations at St. Patrick Church)

ADORATION (in the Adoration Chapel)

Monday 7am-7pm
Tuesday, Wednesday, Thursday 7am-4pm
Friday 7am-7pm

SACRAMENT OF RECONCILIATION

St. Agnes/Sacred Heart Lenten Penance Service will be at Sacred Heart Church, Pittsfield on Sunday, March 17th at 7:00pm. Confession is also available every Saturday from 3:15-3:45pm at St. Agnes and on Saturday at 5:15pm at St. Patrick's.