


JANUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY!			
<ul style="list-style-type: none"> • SHELF STABLE • cheerios/educational snacks • baked mac & cheese & chicken bites • green peas 	<ul style="list-style-type: none"> • lemon muffin • beef cheeseburger • coleslaw 	<ul style="list-style-type: none"> • cinnamon raisin bagel • NEW smothered beef burrito • broccoli w/ ranch 	<ul style="list-style-type: none"> • blueberry muffin • bbq chicken drumstick w/ cheesy rice • smoky black eyed pea • grape tomatoes 	<ul style="list-style-type: none"> • multigrain cheerios/zac attack strawberry • hot dog (DF) • orangy carrots
7	8	9	10	11
<ul style="list-style-type: none"> • multigrain • cheerios/educational snacks • crispy chicken sandwich (DF) • chili citrus corn 	<ul style="list-style-type: none"> • french toast muffin • hot dog (DF) • broccoli 	<ul style="list-style-type: none"> • HOT cornbread&egg omelet • cinnamon crumble • chicken bites • celery sticks w/ ranch 	<ul style="list-style-type: none"> • HOT french toast sticks • pepper jack cheeseburger • seasoned black beans • baby carrots 	<ul style="list-style-type: none"> • yogurt w/granola • kickin chicken melt • island glazed carrots
14	15	16	17	18
	<ul style="list-style-type: none"> • zee zeas berry apple crisp • chicken gumbo & cornbread • green peas 	<ul style="list-style-type: none"> • HOT pancakes w/syrup • cheese pizza (VG) • seasoned green beans w/ ranch 	<ul style="list-style-type: none"> • french toast muffin • mighty meaty deli • pinto beans • grape tomatoes w/ ranch 	<ul style="list-style-type: none"> • HOT cornbread&egg omelet • hot dog (DF) • orangy carrots
21	22	23	24	25
<ul style="list-style-type: none"> • dipper doodle bar • turkey & cheddar sandwich • green peas 	<ul style="list-style-type: none"> • lemon muffin • chicken alfredo • broccoli & carrot salad 	<ul style="list-style-type: none"> • HOT cinnamon toast bagel • mighty meaty deli • seasoned green beans 	<ul style="list-style-type: none"> • multigrain • cheerios/educational snacks • beef cheeseburger • smoky black eyed peas • baby carrots 	
28	29	30	31	

**HAPPY
NEW
YEAR!**

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.
Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.
Vegetable of the day

This institution is an equal opportunity provider.