

JDMS

2019 SPRING SPORTS INFO

*TRYOUTS START TUESDAY, MARCH 19 FOR BASEBALL & SOFTBALL. BRIEF MEETING WILL BE HELD FOR ALL ATHLETES ON MONDAY, MARCH 18 AFTER SCHOOL TO REVIEW SCHEDULE.

***NEW ATHLETES NEED TO SUBMIT A COMPLETED SPORTS PHYSICAL PACKET BEFORE FRIDAY, MARCH 15TH.**

*NEW PHYSICALS NEED TO BE REVIEWED & CLEARED BY BOTH OUR ATHLETIC TRAINER AND SCHOOL APPOINTED PHYSICIAN BEFORE STUDENTS MAY PARTICIPATE. PROCESS MAY TAKE 2 – 3 FULL DAYS BEFORE BEING CLEARED TO PARTICIPATE.

***STUDENTS WHO PARTICIPATED IN A FALL/WINTER SPORT AND HAVE AN UPDATED PHYSICAL ON FILE, ONLY NEED TO FILL OUT AND RETURN THE HEALTH HISTORY UPDATE QUESTIONNAIRE FORM BY FRIDAY, MARCH 15.**

* ANY FORMS HANDED IN AFTER MARCH 15 MAY JEOPARDIZE STUDENT PARTICIPATION ON THE START DATE.

*INORDER TO PARTICIPATE, ALL STUDENTS HAVE TO ADHERE TO ACADEMIC ELIGIBILITY REQUIREMENTS SET BY DISTRICT POLICY 2431.

*ANY QUESTIONS CONTACT ATHLETIC DIRECTOR OR ATHLETIC TRAINER

ATHLETIC DIRECTOR: MR. SUCHANSKI rsuchanski@epsd.org

ATHLETIC TRAINER: MRS. PRIBULA apribula@epsd.org



RAIDER NATION!