



Community Revitalization Partnership | 244 Fifth Ave, Suite 2093, NY, NY, 10001 | www.crppartnership.org

- I. **LGBTQIA+;** This is a support group for students within the LGBTQIA+ community who are experiencing a challenge with expressing their gender identity freely, now that they are displaced from the school community during the COVID-19 pandemic. This group will provide a safe-space for self-expression as well as sharing of positive coping strategies. Students will leave the group feeling connected with a renewed feeling of connection to themselves and the school community.
Session Details;
Virtual Sessions available Monday-Friday After school
Start Date: Monday 11th May 2020
Times: TBA (group times available daily between 3:00pm-5pm)
Session length: 45mins

- II. **Relationships with Substances;** This group is for students who are experiencing an increase use of substances to cope with the uncertainty of the future and school displacement. This group will create a safe space to talk without judgement about current substance use. Students will examine substance use and harm reduction techniques. This group will support students with creating connection through family and peers as well as discuss information on safety. Students will also develop alternatives to substance use that they can choose at will.
Session Details;
Virtual Sessions available Monday-Friday After school
Start Date: Monday 11th May 2020
Times: TBA (group times available daily between 3:00pm-5pm)
Session length: 45mins

- III. **Senior Planning for uncertain times;** This is a support-action group for High School seniors that would like to have a voice. This group will support seniors with confronting the uncertainty of senior life. Seniors will have an opportunity to voice their concerns and then be empowered to create a “new normal” for senior activities to mark their graduation and transition out of High School. Through models of empowerment, seniors will be taught how to be the author of their future by making decisions now. At the end of the group students will identify with the thinking of Arthur Schopenhauer who suggests that ““The present is the only reality and the only certainty.”
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Session length: 45mins

- IV. **Love, life and relationships through COVID-19;** High School is the time that students are creating their identity and position in the larger community. It is also the training ground for the psycho-social development of intimacy and relationships. With High School relationships interrupted and interaction prohibited by social distancing, this group will support students with managing the emotions that stem from unplanned separation. Discussions will also focus on safety during in-person and online interactions during COVID-19.
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“One of the most important things you can do on this earth is to let people know they are not alone.”
— Shannon L. Alder