

WEEK OF APRIL 5-10, 2020



PS 96 ACT



WEEKLY COMMUNITY E-NEWSLETTER

STAY UPDATED

TEXT @PS96NEWS
to 81-010 for English updates
@PS96ESP to 81-010 for
Spanish

FREE MEALS

Starting April 3, THREE free meals
will be available for ALL New Yorkers
in 400+ Hubs!

PS 96 is a Grab-N-Go Site!

7:30am- 1:30pm in our LOBBY
[Find More Free Meal Locations](#)

TECH SUPPORT

For hardware/software support: call
AppleCare Support for the NYCDOE
at 1-800-919-2775.

Enter PIN: 692363 (NYCDOE)

*Please let your teachers know when
you have received a DOE iPad in the
mail*

For PS 96 Tech support:
jahmed11@schools.nyc.gov
lvilleg@schools.nyc.gov

FILL OUT OUR SURVEY

Please take a moment to fill out our
[Remote Learning Family Survey](#)
so we can learn how to best support you!

RESOURCES

Check out our [PS 96 COVID Resource Guide](#)
for a growing list of resources available in
our local community and online!

Including: [NYC Human Resource Agency \(HRA\)/Access NYC](#)

ATTENDANCE

We are now collecting **daily attendance** based on
meaningful interaction, which includes:

- Student submission of an assignment
- Student completion of an online assessment
- Documented student participation in an online forum,
chat log, or discussion thread
- Student-initiated email or responses to teacher email
- Phone communication with teacher or other school staff
- Parent sending a teacher a screenshot of a completed
assignment
- Other evidence of participation as determined by the
principal

Please make sure that your child is interacting daily. If you
cannot, for some reason, please communicate with your
child's teacher and/or Ms. Emily

SPRING BREAK 2020

This is a reminder that there is no Spring Break this year.
Please be sure to continue to engage in your Google
Classroom daily.

WEEK OF APRIL 5-10, 2020



PS 96 ACT



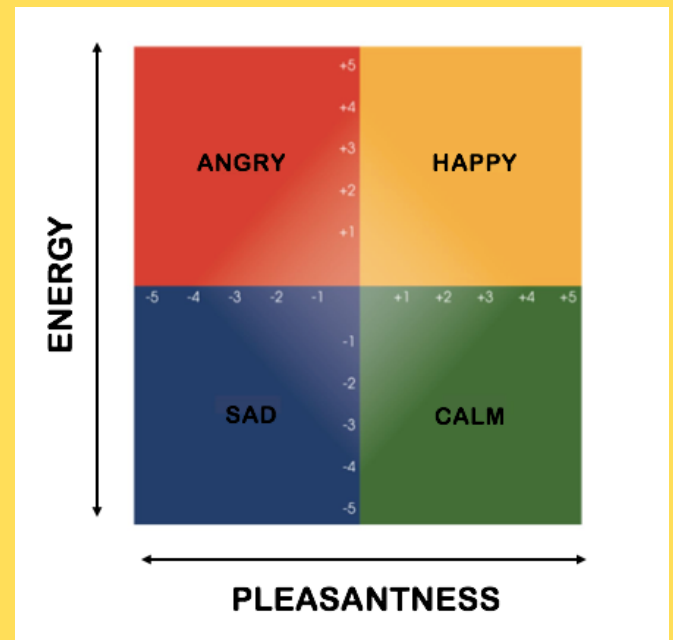
WEEKLY COMMUNITY E-NEWSLETTER

Get active with Mr. Goldberg!

This week's word: SPRING

A	10 Forward arm circles	N	Run in place for 20 seconds
B	15 Seconds forearm plank hold	O	Tree pose for 30 seconds
C	10 Jumping jacks	P	Butterfly stretch for 10 seconds
D	10 Hops on your left foot	Q	Do all of the the vowel exercises
E	10 mountain climbers	R	10 Hops on your right foot
F	ABC Push-ups to the letter J	S	10 Wall push-ups
G	10 Backwards arm circles	T	20 alternating punches
H	5 Push-ups	U	Skip in place for 20 seconds
I	Wall squat for 20 seconds	V	Hold a mummy pose for 1 minute
J	Push-up plank for 30 seconds	W	Sing and perform head, shoulders, knees and toes song
K	20 curl-ups	X	10 crisscross jumping jacks
L	Jump side to side for 20 seconds	Y	Dance for 20 seconds
M	Jump forward and back for 20 seconds	Z	Perform as many push-ups as you can

Learn how we use the **MOOD METER**



Become more mindful of how your emotions change throughout the day and how your emotions in turn into actions.

MOOD METER FAMILY GUIDE

If your symptoms of stress become overwhelming, reach out for support from NYC Well by texting "WELL" to 65173



Stay active with YMCA @ Home!
Virtual workouts, activities, and resources for the entire family!



Contact our Administrators
Principal, Mr. K
jkonstantinakos@schools.nyc.gov
Assistant Principal, Mrs. Alvarado
mmartin20@schools.nyc.gov



Get NYC COVID-19 updates
texting "COVID" to 692-692



Questions? Email us!
Ms. Emily, emily@globalkids.org
Ms. Minaya, jminaya@schools.nyc.gov

Visit ps96act.com for more remote learning resources