

25 Kumpf Middle School

March 2018
Lunch Menu

Student Lunch \$2.80 Reduced Lunch \$0.40 Adult Lunch \$4.60

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh **Yogurt Parfaits, Vegetable & Fruit Cups, Hot Pretzels, Fresh Baked Cookies & more!**

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Great Grillers **Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich
Cheesesteak Hero
Chicken & Fries Basket**

Deli Central **Assorted Sandwiches:
Quality Deli Meats & Cheeses on
Fresh Rolls, Breads, & Wraps.
Freshly Prepared Signature Salads**

Harvest Market **Fresh Vegetables, Featured Salads,
Bean Salad, or Veggie Dippers
Featured Daily**

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

 		1	Bacon Cheeseburger French Fries Fresh or Chilled Fruit	2	French Bread Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
		5	Chicken, Bacon, Swiss Sandwich French Fries Fresh or Chilled Fruit	6	Taco Tuesday!! Taco Meat & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit
12	Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	13	Pizza Crunchers Vegetable Medley 100% Juice Sorbet Fresh or Chilled Fruit	14	Creamy Macaroni and Cheese Breadstick Broccoli Fresh or Chilled Fruit
19	Chicken, Bacon and Spicy Mayo Sandwich French Fries Fresh or Chilled Fruit	20	Hot Dog Baked Beans Tater Tots Sautéed Cinnamon Apples	21	Meatball Parm Hero Green Peas Fresh or Chilled Fruit
26	Chicken and Cheese Quesadillas Fiesta Corn Fresh or Chilled Fruit	27	Taco Tuesday!! Twin Tacos Taco Meat, Cheddar Cheese, Lettuce, and Tomatoes in Crunchy Taco Shells Bean Medley Fresh or Chilled Fruit	28	Pasta Alfredo with Grilled Chicken Broccoli Italiano Dinner Roll Fresh or Chilled Fruit
				29	Chicken and Waffles Chicken Sticks Waffle Sticks French Fries Fresh or Chilled Fruit
				30	School Closed
					16 New Recipe! Bella's Pizza New York Style Freshly Prepared Caesar Salad Gelatin Fruit Cups
					15 Bacon, Egg, and Cheese on a Roll Tater Tots Fresh or Chilled Fruit
					8 Breakfast for Lunch Pancakes Breakfast Sausage Hash Browns Fresh or Chilled Fruit
					7 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit
					9 Personal Pan Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 732-381-1307



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