

Student Lunch **\$2.80** Reduced Lunch **\$0.40** Adult Lunch **\$4.60**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh Yogurt Parfaits, Vegetable & Fruit Cups, Hot Pretzels, Fresh Baked Cookies & more!


MEDITERRANEAN BISTRO NY Style or Personal Pan Pizza with a Variety of Toppings

Great Grillers Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich
Cheesesteak Hero
Chicken & Fries Basket

Deli Central Assorted Sandwiches: Quality Deli Meats & Cheeses on Fresh Rolls, Breads, & Wraps. Freshly Prepared Signature Salads

Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	3 California Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	4 National Taco Day! Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	5 BBQ Grilled Chicken Sandwich Country Slaw Vegetarian Baked Beans Strawberry Applesauce	6 Philly Cheesesteak Hero with Peppers and Onions French Fries Fresh or Chilled Fruit
9 School Closed	10 Pasta with Meatballs Warm Garlic Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	11 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	12 New Recipe! #Throwback Thursday Cheeseburger Mac & Cheese Soft Pretzel Stick Broccoli Fresh or Chilled Fruit	13 New Recipe! Sweet Chili Chicken Rice Bowl with Stir Fry Vegetables Fresh or Chilled Fruit
NATIONAL SCHOOL LUNCH WEEK				
16 Crispy Chicken BLT on a Roll Fresh Cucumber Coins Fresh or Chilled Fruit	17 Top Your Own Hot Dog On a Bun French Fries Fresh or Chilled Fruit	18 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	19 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 Twisted Cheesy Breadsticks with Marinara Sauce Locally Grown Veggie Dippers Fresh or Chilled Fruit
23 Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	24 New Recipe! Chicken Fried Rice Steamed Vegetables Fortune Cookie Mandarin Oranges	25 Pasta with Meat Sauce Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 Chicken Tenders Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit	27 Mini Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
30 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Smile Fries Fresh or Chilled Fruit	31 HALLOWEEN Turkey Corn Dog Nuggets Sweet Potato Tots 100% Juice Orange Sorbet	 <p>Cook Up your own Recipe for Success during National School Lunch Week! This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>		

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 732-381-1307



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