

Student Lunch \$0.00    Reduced Lunch \$0.40    Adult Lunch \$0.00

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**

Yogurt Parfaits, Vegetable & Fruit Cups, Hot Pretzels, Fresh Baked Cookies & more!

**MEDITERRANEAN BISTRO**

NY Style or Personal Pan Pizza with a Variety of Toppings

**Great Grillers**

Hamburger or Cheeseburger on a Bun  
Crispy Chicken Sandwich  
Spicy Buffalo Chicken Sandwich  
Cheesesteak Hero  
Chicken & Fries Basket

**Deli Central**

Assorted Sandwiches:  
Quality Deli Meats & Cheeses on Fresh Rolls, Breads, & Wraps.  
Freshly Prepared Signature Salads

**Harvest Market**

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers  
Featured Daily

<h2>We Hope You Enjoyed Your Summer Vacation!</h2>				1 <b>No School</b>
4 <b>Labor Day</b>  <b>School Closed</b>	5 <b>No School</b>	6 <b>No School</b>	7 <b>Welcome Back!</b> Crispy Chicken BLT Sandwich French fries Freshly Prepared Garden Salad Watermelon Sorbet	8 <b>Meat Ball Sub</b> Marinara Sauce Freshly Prepared Green beans Fresh or Chilled Fruit
11 <b>Spicy or Plain Chicken Tender Basket with Tater Tots and Soft Pretzel Stick</b> Fresh Veggie Dippers Fresh or Chilled Fruit	12 <b>Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa</b> Steamed Rice Black Bean and Corn Salad Fresh or Chilled Fruit	13 <b>Buffalo Chicken or Creamy Macaroni &amp; Cheese</b> Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit	14 <b>Philly Cheesesteak Hero with Peppers and Onions</b> French Fries Fresh or Chilled Fruit	15 <b>Twisted Cheesy Breadsticks with Marinara Sauce</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
18 <b>Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy</b> Dinner Roll Fresh or Chilled Fruit	19 <b>Breakfast for Lunch Waffles</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 <b>Pasta with Meat Sauce</b> Warm Garlic Breadstick Green Beans Strawberry Applesauce	21 <b>School Closed</b>	22 <b>Chicken Parm Sandwich</b> Fresh Veggie Dippers Fresh or Chilled Fruit
25 <b>BBQ Rib Sandwich</b> Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	26 <b>Grilled Cheese Sandwich</b> Tomato Soup Freshly Prepared Garden Salad Locally Grown Fresh Apple	27 <b>Hamburger on a Bun with Assorted Toppings</b> French Fries Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit	28 <b>Early Dismissal No Lunch served</b>	29 <b>Mozzarella Sticks with Marinara Sauce</b> Dinner Roll Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit



**Jersey Fresh Farm to School Week**

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

MENU SUBJECT TO CHANGE

Questions or Concerns?  
Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 732-381-1307