



March 2020



Valley Road Elementary
Lunch

Lunch Prices Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$4.76

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

2	3	4	5	6
Read Across America Day <ul style="list-style-type: none"> • Wocket in Pizza Pocket • Horton's House Salad • Sam I Am Sorbet 	Breakfast for Lunch <ul style="list-style-type: none"> • Confetti Pancakes 🥞 • Breakfast Sausages • Hash Brown Sticks 	<ul style="list-style-type: none"> • Turkey Corn Dog Nuggets • Sweet Potato Waffle Fries 	<ul style="list-style-type: none"> • Hamburger on a Bun or Cheeseburger on a Bun 🍔 • French Fries 🍟 	<ul style="list-style-type: none"> • Pizza Crunchers with Marinara Sauce • Freshly Prepared Caesar Salad 🥗

9	10	11	12	13
<ul style="list-style-type: none"> • Breaded Chicken Patty with Cheese on a Bun 🍔 • Fresh Veggie Dippers 	Breakfast for Lunch <ul style="list-style-type: none"> • French Toast Sticks 🍞 • Breakfast Sausages • Tater Tots • Blueberry Compote 	CHEF DAY <ul style="list-style-type: none"> • Beef or Chicken Nachos with Shredded Lettuce, Cheddar Cheese, Tomatoes, Peppers, Onions, Corn, Black Beans, Salsa and Sour Cream • Fiesta Rice • Cinnamon Churro 	<ul style="list-style-type: none"> • Meatball Parm Hero • Maple Cinnamon Carrots 	<ul style="list-style-type: none"> • Stuffed Crust Pizza 🍕 • Freshly Prepared Garden Salad

16	17	18	19	20
<ul style="list-style-type: none"> • Pasta with Meat Sauce • Garlic Breadstick 🍞 • Mixed Vegetables 	Breakfast for Lunch  <ul style="list-style-type: none"> • Mini Maple Waffles • Breakfast Sausages • Emoji Fries 🍟 	<ul style="list-style-type: none"> • Creamy Mac & Cheese • Mini Cornbread Loaf • Sauteed Broccoli 🥦 	<ul style="list-style-type: none"> • Bacon, Chicken, & Cheese Quesadilla • Corn Medley 	<p><i>First Day of Spring!</i></p>  <ul style="list-style-type: none"> • Domino's Pizza 🍕 • Freshly Prepared Garden Salad

23	24	25	26	27
<ul style="list-style-type: none"> • Chicken Fries • Buttered Noodles • Peas 	Breakfast for Lunch <ul style="list-style-type: none"> • Mini Maple Pancakes 🥞 • Breakfast Sausages • Hash Brown Rounds 	<ul style="list-style-type: none"> • Tot-chos with Tater Tots, Taco Meat, Queso, Peppers, and Scallions • Soft Pretzel Sticks 🍩 • Pepper Dippers 	<ul style="list-style-type: none"> • Egg, Cheese, & Sausage Sandwich 🍔 • Hash Browns 	<ul style="list-style-type: none"> • Pizza Bagels 🍕 • Freshly Prepared Garden Salad 🥗

30	31
<ul style="list-style-type: none"> • Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch 🍔 • Black Bean and Corn Salad 	Breakfast for Lunch <ul style="list-style-type: none"> • Mini Cinnamon Waffles 🍞 • Breakfast Sausages • Hash Brown Rounds

Maschio's Swap-Outs Available Daily: Cheese Pizza, Chicken Nuggets, Crispy Chicken Salad, Cereal Bag, PBJ Jamwich Meal w/ Pretzels

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: clarkpublicsd.nutrislice.com/menu/valley-road-elementary/lunch/

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