



December 2019

Lunch Prices Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$4.76

Valley Road Elementary

Lunch

MONDAY

- Crispy Chicken on a Biscuit
- Sweet Potato Waffle Fries

TUESDAY

- Breakfast for Lunch
- Confetti Pancakes 🥞
- Breakfast Sausages
- Hash Browns

WEDNESDAY

- Italian Sampler with Breaded Ravioli, Mozzarella Sticks with Marinara Sauce
- Italian Green Beans

THURSDAY

- National Comfort Food Day
- Crunchy Chicken Bites
- Baked Creamy Mac & Cheese
- Peas & Carrots
- Mini Corn Bread Loaf

FRIDAY

- Bella's Pizza 🍕
- Freshly Prepared Spring Mix Salad

- Chicken Fries
- Honey Glazed Carrots
- Dinner Roll

- Breakfast for Lunch
- Waffles
- Breakfast Sausages
- Hash Browns

- New Menu Item
- Hot Dog Sliders 🌭
- BBQ Baked Beans
- Country Slaw

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Southwestern/Fiesta Corn
- Fiesta Rice & Beans

- French Bread Pizza 🍕
- Freshly Prepared Caesar Salad

- Chicken Parm Sandwich
- Italian Green Beans

- Breakfast for Lunch
- Mini Chocolate Chip French Toast Bites
- Breakfast Sausages
- Tater Tots

- Grilled Cheese Sandwich or Bacon
- Grilled Cheese Sandwich with Bacon
- Tomato Soup
- Veggie Dippers

- Hamburger on a Bun or Cheeseburger on a Bun 🍔
- French Fries 🍟

- Domino's Pizza 🍕
- Italian House Salad with Dressing

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Holiday Break - No School

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Prepay Here!





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Maschio's Swap-Outs Available Daily: Cheese Pizza, Chicken Nuggets, Crispy Chicken Salad, Cereal Bag, PBJ Jamw/ch Meal w/ Pretzels

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: clarkpublicsd.net/nutrislice.com/menu/valley-road-elementary/lunch/
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