



June 2019

Valley Road Elementary
Lunch

Lunch Prices Student Lunch: \$2.85 Reduced Lunch: \$0.40 Adult Lunch: \$4.60

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

- 3**
- Popcorn Chicken
 - Dinner Roll
 - Green Peas

4

- Pancakes or Waffles or French Toast
- Breakfast Sausages
- Hash Browns

- 5**
- Cheese Tortellini with Three cheese sauce
 - Green Beans
 - Garlic Bread

- 6**
- Hamburger on a Bun or Cheeseburger on a Bun
 - French Fries

- 7**
- Bella's NY Style Pizza
 - Garden Salad

Prepay Here!

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- 10**
- Crispy Chicken Sandwich
 - Mashed Potatoes

11

- Pancakes or Waffles or French Toast
- Breakfast Sausages
- Tater Tots

12

- Scoop A Bowl with Taco Meat Shredded Cheddar Cheese Lettuce & Tomatoes & Salsa
- Corn Medley

- 13**
- Meatball Parm Hero
 - Carrots

14

- Beef Hot Dog on a Bun
- Crinkle Cut French Fries

17

- Domino's Pizza
- Caesar Salad

18

Half Day - No Lunch Served

19

Half Day - No Lunch Served

20

Last Day

21

24

25

26

27

28

Maschio's Swap-Outs Available Daily: Cheese Pizza, Chicken Nuggets, Crispy Chicken Salad, Bagel Bag, Cereal Bag, PBJ Jamwich Meal w/ Pretzels

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggies Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: clarkpublicsd.nutrislice.com/menu/valley-road-elementary/lunch/

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