JJMS Goal: Take the time to get to know our students well and use that knowledge to increase student engagement in our classrooms.

Classroom Mission: Physical Education classes and classrooms should be safe, creative, active and motivating. All students should feel welcomed and wanted. A high degree of cooperation with the teacher and classmates should be strived for each day. Students of all abilities and fitness levels should have the opportunity to achieve success each day. Differentiation will be utilized as much as possible to help students achieve this success and acquire the skills necessary to be active outside of school and in the future.

Subject: Physical Education

Teachers’ Names: Jen Luft, Joe Mammoser, Jimmy Clark, Steve Delmoro

Curriculum:

Major Topics:
- Project Based Learning - Sport Education Model
- Fitness Based Curriculum - Dynamic warm-up, agility training, upper body/lower body and core training

Units:
- Goal Sports- Traditional and Nontraditional
- Target Sports- Striking/Fielding Sports
- Cooperative Learning/Team Building Activities
- Personal Performance
- Physical Fitness Education

Please note: Due to scheduling, program progression, and weather conditions, all students may not complete each activity.

Grading and Homework:
- Punctual/Prepared 10%
- Warm-up Activities 10%
- Effort and Participation 50%
- Sportsmanship/Team Duties 30%
Exclusions:
Family Note required for full exclusion up to one week
Medical Note with specific modifications required for exclusion longer than one week

Requirement:
Attire for 7th/8th grade physical education class:
· Athletic shorts
· T-shirt
· Socks and sneakers
· Sweatshirt/pants for cooler months
6th graders must have sneakers only

Teacher Contact Information: jluft@klschools.org, jmammoser@klschools.org, jclark@klschools.org, sdelmoro@klschools.org
PE Office 1: 763-7561
PE Office 2: 763-7562