

Meadow Pond Elementary School



Katonah-Lewisboro School District
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Carolann Castellano, Principal

Dawn Pomeroy, Assistant Principal

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Dear Meadow Pond Families,

Character Education is a big part of educating our students here at Meadow Pond. In an effort to help our students develop sensitivity towards others, recognize the effect of their own behaviors on others, and provide them with strategies to help others, or themselves, in socially overpowering situations, we proactively teach our students about bullying. The goal of these sessions is to ensure that our school community is a safe, comfortable place for all of us.

As part of this effort, your child/children in grades K-5 have participated in two Bully Prevention Seminars with Dr. Monasch, our School Psychologist, Barbara Milone, our School Social Worker, and Dawn Pomeroy, our Assistant Principal. These sessions were tailored to meet the needs of the students at each particular grade level. Resources and discussions were developmentally appropriate. In the lower grades (K-2), the overall theme was how to be a good friend and accept each other's differences. Additionally, we touched upon the various roles played by each party involved in bullying, as well as the different types of bullying and what to do if someone is being bullied. In the upper grades (3-5), our program built upon the same overall theme, but expanded to include a more in depth discussion on the causes, and short and long term effects of bullying on both the victim and the bully.

Activities ranged from creating class books on how to be a good friend, Smart Board activities and/or games related to bullying, and role playing different bullying scenarios. In addition, we watched a variety of videos and/or webisodes, and news stories which were related to fictional and real life stories of bullying that were discussed as a group.

We thank you in advance for reinforcing and supporting these efforts by asking your children questions about what they have seen and learned during our sessions together. Creating a caring, respectful, "bully free" environment is a priority for our school. Feel free to visit the interactive website <http://www.stopbullyingnow.hrsa.gov/kids/> for more information. If you should have any concerns now, or in the future, please feel free to contact any one of us at 763-7900.

Sincerely,

Dawn Pomeroy
Assistant Principal

Barbara Milone, LCSW
School Social Worker

Lara M. Monasch, Psy.D.
School Psychologist