



## Fitness Instructor Training Program

This comprehensive 12-week training program, followed by a six-month internship leading your very own Shape Up NYC class, will give you hands-on experience to prepare you for a nationally accredited certification exam.

### LOCATIONS

**West Bronx Recreation Center** 1527 Jesup Ave., Bronx, NY 10452  
Mondays from 7:00-9:00 p.m. // Starting Sept. 10, 2018

**Gertrude Ederle Recreation Center** // 232 West 60th St., New York, NY 10019  
Thursdays from 6:00-8:30 p.m. // Starting Sept. 6, 2018

**Lost Battalion Hall Recreation Center** 93-29 Queens Blvd., Queens, NY 11374  
Tuesdays from 6:15-8:45 p.m. // Starting Sept. 4, 2018

**McCarren Play Center** 776 Lorimer St., Brooklyn, NY 11222  
Saturdays from 9:15-11:45 a.m. // Starting Sept. 8, 2018

**Greenbelt Recreation Center** 501 Brielle Ave., Staten Island, NY 10314  
Wednesdays from 5:00-8:00 p.m. // Starting Sept. 5, 2018

**QUALIFICATIONS:** Demonstrated interest in fitness, including current participation in group exercise classes. Prior exercise instruction experience preferred, but not required.

**COST:** \$60 for fingerprinting and background check. NYC Parks recreation center membership required.

The application will be online by **July 13th** at [nyc.gov/shapeupnyc](http://nyc.gov/shapeupnyc). Please apply by **July 31, 2018**.

For questions or help with the application, please e-mail [shapeupnyc@parks.nyc.gov](mailto:shapeupnyc@parks.nyc.gov).

