

Kent Center School – November Menu
Please Note—All student meals are free through June, 2021
Milk provided with all meals (Fat Free or 1% White, Fat Free Chocolate)
Daily Alternatives in place of main entrée:
Turkey BLT Sandwich, Grilled Cheese
Milk \$0.35

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>2 Cheeseburger, potato chips, baked beans, fruit</p>	<p>3 Pasta Faggioli, Brussel sprouts, carrots, fruit</p>	<p>4 Meatballs, pasta with sauce, green salad with cucumber and tomato, fruit</p>	<p>5 Cheese pizza, carrots and peas, fruit</p>	<p>6 Grilled chicken with mushrooms and rice, string beans, fruit</p>	<p>7 </p>
<p>8</p>	<p>9 Minestrone soup, broccoli and carrots, Fruit</p>	<p>10 Hot dogs, potato chips, baked beans, fruit</p>	<p>11 12:10 Dismissal Bagged Lunch to Go</p>	<p>12 Cheese pizza, baked zucchini, corn, fruit</p>	<p>13 Homemade lasagna, roasted broccoli, fruit</p>	<p>14</p>
<p>15</p>	<p>16 Pasta and meatballs, salad with tomatoes, potato chips, fruit</p>	<p>17 Ham and cheese chicken cutlet, Brussel sprouts with bacon, fruit</p>	<p>18 Mozzarella with tomato and pesto panini, chick peas, potato chips and fruit</p>	<p>19 Cheese pizza, three bean salad, roasted carrots, fruit</p>	<p>20 Pasta alfredo with chicken, string beans, green salad with cucumber and tomato, fruit</p>	<p>21</p>
<p>22</p>	<p>23 Chicken salad wrap, cannellini beans with carrots, salad, fruit</p>	<p>24 Roasted turkey Thanksgiving lunch</p>	<p>25 No School</p>	<p>26 No School </p>	<p>27 No School</p>	<p>28</p>
<p>29 </p>	<p>30 Chicken cutlet panini with tomato and cheese, green salad, fruit</p>					