



November 2018



Carlstadt School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
5	6	7	8	9
Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	No School	Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	No School	No School
12	13	14	15	16
Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
19	20	21	22	23
Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	No School	No School
26	27	28	29	30
Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice



Breakfast is served every morning in the cafeteria from 8:00 to 8:30



Student Breakfast \$1.50
Reduced Breakfast \$.30



Also Available Daily

Kellogg's Cereal
Graham Cracker
Fruit or 100% Fruit
Juice
Milk Choice



School Breakfast Information:

- Student breakfast includes: protein/grain(s), fruit and milk
- Daily milk choices include: 1% white and fat free chocolate
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- All breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting www.payforit.net or [payforit apple or android app](#)

