



# November 2018



## Carlstadt Public School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<b>HIDDEN STICKER DAY</b> If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack			Chicken Nuggets Buttered Noodles Carrot Coins Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
5	6	7	8	9
Hot Dog French Fries  Fruit Choice Milk Choice	No School	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	No School	No School
12	13	14	15	16
Chicken Fajitas Shredded Cheese, Salsa & Sour Cream Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice	Grilled Cheese Tomato Soup  Fruit Choice Milk Choice	Spaghetti and Meatballs Steamed Broccoli  Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
19	20	21	22	23
1/2 Day No Lunch Served	1/2 Day No Lunch Served	1/2 Day No Lunch Served	No School	No School
26	27	28	29	30
Chicken Nuggets Buttered Noodles Carrot Coins Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Walking Taco (Served in a Doritos Bag) Shredded Cheese, Salsa Fruit Choice Milk Choice	Mac and Cheese Steamed Broccoli  Fruit Choice Milk Choice	Waffles w/Turkey Sausage Hash brown Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice

### School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: chicken patty on bun, deli station, salad station, bagel meal and health meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting [www.payforit.net](http://www.payforit.net) or [payforit apple](#) or [android app](#)

