



January 2019



Carlstadt Public School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 Chicken Fingers French Fries Fruit Choice Milk Choice	3 Grilled Cheese Tomato Soup Fruit Choice Milk Choice	4 Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
7	8 HIDDEN STICKER DAY Pasta / Red Sauce w/ MB Romaine Salad Fruit Choice Milk Choice	9 Pancakes w/Turkey Sausage Potato Tots Fruit Choice Milk Choice	10 Mozzarella Sticks w// Marinara Sauce Carrot Coins Fruit Choice Milk Choice	11 Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
14	15 HIDDEN STICKER DAY Cheeseburger Sweet Potato Fries Fruit Choice Milk Choice	16 Boneless Wings Au Gratin Potato Fruit Choice Milk Choice	17 Walking Taco (Served in a Doritos Bag) Shredded Cheese, Salsa Fruit Choice Milk Choice	18 Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
21	22 HIDDEN STICKER DAY Chicken Nuggets Mashed Potato / Gravy Fruit Choice Milk Choice	23 Mac and Cheese Green Beans Fruit Choice Milk Choice	24 Cheese Steak Hero Carrot Coins Fruit Choice Milk Choice	25 Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
28	29 HIDDEN STICKER DAY Cheese Ravioli / Red Sauce Romaine Salad Fruit Choice Milk Choice	30 Mini Corn Dogs Carrot Coins Fruit Choice Milk Choice	31 Waffles w/Turkey Sausage Hash brown Fruit Choice Milk Choice	HIDDEN STICKER DAY If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack

School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: chicken patty on bun, deli station, salad station, bagel meal and health meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting www.payforit.net or [payforit apple](#) or [android app](#)

