



# December 2018



## Carlstadt School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	4 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	5 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	6 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	7 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
10 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	11 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	12 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	13 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	14 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
17 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	18 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	19 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	20 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	21 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
24 No School	25 No School	26 No School	27 No School	28 No School
31 No School				



Breakfast is served every morning in the cafeteria from 8:00 to 8:30



Student Breakfast \$1.50  
Reduced Breakfast \$.30



Also Available Daily

Kellogg's Cereal  
Graham Cracker  
Fruit or 100% Fruit  
Juice  
Milk Choice



### School Breakfast Information:

- Student breakfast includes: protein/grain(s), fruit and milk
- Daily milk choices include: 1% white and fat free chocolate
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- All breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting [www.payforit.net](http://www.payforit.net) or [payforit apple](#) or [android app](#)

