



## Carlstadt Public School

550 Washington Street ◊ Carlstadt, NJ 07072

Phone: 201-672-3000 ext. 3111 ◊ [www.carlstadt.org](http://www.carlstadt.org)

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*Diana Silva, Director of Special Services*

### **Notice of Restraint and Seclusion**

September 5, 2019

Dear Parent or Guardian,

The Board of Education is required by state regulation (P.L. 2017, C. 291) to inform you annually about the district's policies regarding restraint and seclusion. District Policy: 5561- Use of Physical Restraint can be found on the district website under Carlstadt Bylaws and Policies. Carlstadt Public School emphasizes appropriate deescalation techniques and the use of Positive Behavior Supports as mechanisms to avoid the need for the use of restraint and seclusion. Please let me know if you would like a hard copy of the policy or if you have any questions. Thank you.

Sincerely,

A handwritten signature in blue ink that reads "Diana Silva".

Diana Silva