



December 2018



Carlstadt Public School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Hot Dog Smile Fries Fruit Choice Milk Choice	HIDDEN STICKER DAY Grilled Cheese Tomato Soup Fruit Choice Milk Choice	Spaghetti and Meatballs Steamed Broccoli Fruit Choice Milk Choice	Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
10	11	12	13	14
Boneless Wings Au Gratin Potato Fruit Choice Milk Choice	HIDDEN STICKER DAY Cheese Steak Hero Steamed Broccoli Fruit Choice Milk Choice	Cheeseburger Sweet Potato Fries Fruit Choice Milk Choice	Chicken Fajitas Shredded Cheese, Salsa & Sour Cream Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
17	18	19	20	21
Mozzarella Sticks w// Marinara Sauce Carrot Coins Fruit Choice Milk Choice	HIDDEN STICKER DAY Baked Ziti w/ Ground Beef Steamed Broccoli Fruit Choice Milk Choice	Walking Taco (Served in a Doritos Bag) Shredded Cheese, Salsa Fruit Choice Milk Choice	Chicken Nuggets Mashed Potato / Gravy Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice
24	25	26	27	28
No School	No School	No School	No School	No School
31				
No School				HIDDEN STICKER DAY If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack

School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: chicken patty on bun, deli station, salad station, bagel meal and health meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting www.payforit.net or [payforit apple](#) or [android app](#)

