



# September 2018



## Carlstadt School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	3 No School	5 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	6 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	7 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
10 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	11 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	12 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	13 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	14 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
17 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	18 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	19 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	20 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	21 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice
24 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	25 Waffles w/ Syrup Fruit or 100% Fruit Juice Milk Choice	26 Pancakes w/ Syrup Fruit or 100% Fruit Juice Milk Choice	27 French Toast w/ Syrup Fruit or 100% Fruit Juice Milk Choice	28 Bagel w/ Egg Fruit or 100% Fruit Juice Milk Choice



Breakfast is served every morning in the cafeteria from 8:00 to 8:30



Student Breakfast \$1.50  
Reduced Breakfast \$.30



Also Available Daily

Kellogg's Cereal  
Graham Cracker  
Fruit or 100% Fruit  
Juice  
Milk Choice



### School Breakfast Information:

- Student breakfast includes: protein/grain(s), fruit and milk
- Daily milk choices include: 1% white and fat free chocolate
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- All breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability
- Fund, view and receive account balances by visiting [www.payforit.net](http://www.payforit.net) or [payforit apple or android app](#)

