



RECESS PLAN

2018-2019

Cary Pantaleon

Principal

Yvette Corporan

Kingsley Chao

Assistant Principals

P.S. 128M: THE AUDUBON SCHOOL
FUTURE LEADERS SOARING TO NEW HEIGHTS
 560 WEST 169TH STREET, NEW YORK, NY 10032
 (212) 927-0607 (O) / (212) 781-8002 (F)
 WWW.PS128M.ORG

PRINCIPAL: CARY PANTALEON
 ASSISTANT PRINCIPALS: YVETTE CORPORAN & KINGSLEY CHAO



RECESS PLAN 2018-2019

All of P.S. 128M students will engage in recess/activities for at least 25 minutes a day; weather permitting. All school aides will proactively teach positive expectations. The students will engage in organized play during recess time. The school aides will only withhold recess/activities when safety is concern and with supervisor approval. In order to support our cafeteria staff all classes must be in the cafeteria on time and teachers must pick up their students on time. If the weather does not permit for students to go outside for recess they will remain inside and play games and/or engage in Move to Improve Activities. Students must always bring their coats with them in case of an emergency.

BENEFITS OF RECESS:

SOCIAL	EMOTIONAL	PHYSICAL	COGNITIVE
Sharing	Stress relief	Physical activity	Creativity
Problem solving	Self-esteem	Health	Problem skills
Cooperation	Character development	Energy	Vocabulary development
Conflict Resolution			
Self-Discipline			

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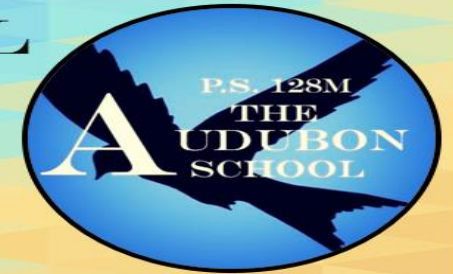
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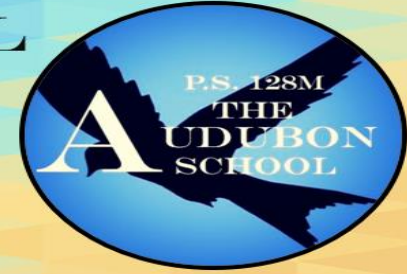


Recess/Activities Expectations

<u>Responsible</u>	<u>Respectful</u>	<u>Safe</u>
Follow directions the first time given	Use respectful methods to solve problems	Listen to all instructions
Show positive sportsmanship	Report disturbances, accidents, and injuries to a staff member	Walk at a safe pace
Use appropriate and positive language	Help put all equipment away	No rough playing
Use an indoor voice		Line up in the appropriate place
Share equipment/Games		Keep hands, feet and objects to yourself
Treat everyone with respect and kindness		Use games, equipment, and materials properly
		Enter and exit in orderly lines
		Respond quickly to all bells and signals

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3RD PERIOD LUNCH 10:15 – 11:05 AM

Eating: 10:15- 10:35 Recess/Activities: 10:40-11:05

DAYS OF THE WEEK	Uno cards/ Indoor PE Activities	Connect Four/ Indoor PE Activities	Secret Garden	Upper Yard	Lower Yard
MONDAY	xxxxxxxxxxxxx	K-001	K-003/K-021	451/181/452	K-002
TUESDAY	451/181/452	xxxxxxxxxxxxx	K002	K-003/K-021	K-001
WEDNESDAY	K-003	K-021	K-001	K002	451/181/452
THURSDAY	K-001	K-002	451/181/452	K-003/K-021	xxxxxxxxxxxxx
FRIDAY	K-002	xxxxxxxxxxxxx	K-003/K-021	K-001	451/181/452

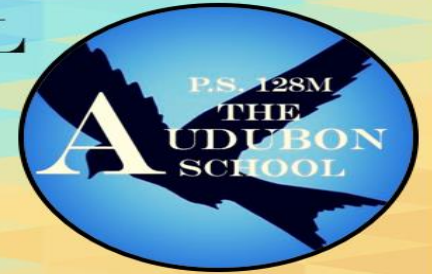
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4th PERIOD LUNCH 11:10 – 12:00 PM

Eating: 11:10-11:30 AM

Recess/Activities: 11:35-12:00 PM

DAYS OF THE WEEK	Uno cards/ Indoor PE Activities	Connect Four/ Indoor PE Activities	Secret Garden	Upper Yard	Lower Yard	
MONDAY	101	102	103/121	301	303/501	
TUESDAY	102	103/121	301	303/501	101	
WEDNESDAY	103/121	301	303/501	101	102	
THURSDAY	301	303/501	101	102	103/121	
FRIDAY	303/501	101	102	103/121	301	

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5th PERIOD LUNCH 12:05- 12:55 PM

Eating: 12:05-12:25 PM

Recess/Activities: 12:30-12:55 PM

DAYS OF THE WEEK	Uno cards/ Indoor PE Activities	Connect Four/ Indoor PE Activities	Secret Garden	Upper Yard	Lower Yard	
MONDAY	201	202	302/321	221/453	203	
TUESDAY	302	321	221/453	201/202	203	
WEDNESDAY	221/453	203	201/202	302/321	xxxxxxxx	
THURSDAY	203	221/453	302/321	201/202	xxxxxxxx	
FRIDAY	321	302	203	201/202	221/453	

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6th PERIOD LUNCH 1:00- 1:55 PM

Eating: 1:00-1:25 PM

Recess/Activities: 1:30-1:55 PM

DAYS OF THE WEEK	Uno cards/ Indoor PE Activities	Connect Four/ Indoor PE Activities	Secret Garden	Upper Yard	Lower Yard	
MONDAY	182/502	521	401/402	403/421	XXXXXXXXXXXXXX	
TUESDAY	401	402	182/502/521	403/421	XXXXXXXXXXXXXX	
WEDNESDAY	403	421	182/502/521	401/402	XXXXXXXXXXXXXX	
THURSDAY	521	182/502	403/421	401/402	XXXXXXXXXXXXXX	
FRIDAY	182/502	521	401/402	403/421	XXXXXXXXXXXXXX	

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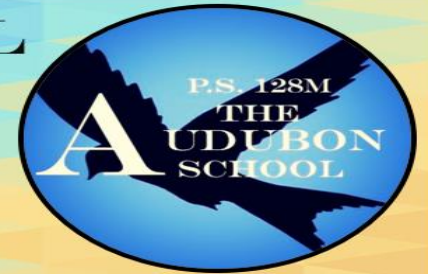
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OUTDOOR AND INDOOR RECESS GAMES

Supervised by School Aides

2018-2019

OUTDOOR RECESS GAMES	Locations for outdoor play	INDOOR RECESS GAMES During inclement weather	Location for indoor recess
<ul style="list-style-type: none"> ➤ Animal Kingdom ➤ Tic-Tac-Toe Relay ➤ Red Light Green Light ➤ Rock-paper-Scissor ➤ Switch (Older students) ➤ Speed ball (Older students) ➤ Ultimate Football ➤ Circle Fireball ➤ 10 Second Tag ➤ One or All ➤ Hula Hoop Tag ➤ Straddle ball 	<p>Upper Yard</p> <p>Lower Yard</p> <p>Secret Garden</p>	<ul style="list-style-type: none"> ➤ Four Corners ➤ River Bank ➤ Taps ➤ Ball Pass ➤ Rock-paper-Scissor ➤ Spark ➤ Squeeze and Seize ➤ Rock-paper-Scissor ➤ Community ➤ Circle Fireball ➤ Straddle ball 	<p>Cafeteria</p> <p>Auditorium</p>