



PHYSICAL EDUCATION

Coach Lind's classes are working on locomotor and non-locomotor movements as well as Physical Fitness Testing

Coach Maxesy's classes K-3 are working on throwing and catching. Please practice these skills at home with your child. Grades 4-6 are working on Physical Fitness Testing. All classes can look forward to learning dance in the near future.

Coaches would like to remind parents to have their child wear tennis shoes and appropriate clothing for exercise on their child's regular PE days.

Stay fit North Valley!



MUSIC & CHOIR

In music class this month, K-3 grades are working with props to learn musical notes. They are also working on singing, to include pitch and proper breathing.

Upper grades are learning music theory, and proper breathing.



The North Valley Choir is in full swing! They practice Tuesdays & Thursdays 2:30pm-3:45pm. Falcons will be treated to their angelic voices when they perform for our local Veterans on November 7th.

Our SPED staff is proud to support all North Valley students by providing an equitable learning environment. Students have shown progress in reading and writing to include a beginning, middle and end in their stories. Please practice that format at home with your child.



LIBRARY NEWS

There were many activities to promote the book fair this year: Children were encouraged to save their money for the book fair; a parent volunteer read to the children at lunch time; students participated in Catch-A-Character and were able to search for mini book characters for a chance to win a prize!; students were able to enter an essay contest for a chance to win a book; a gnome popped in to encourage children to read and visit the book fair; and the foyer to the library was decorated to entice book fair attendance!

Congratulations to the Book Fair Enchanting Essay Contest winners: 1st Grade: Joaquin Legaretta & Bianca Sanchez; 4th grade Jacob Salinas & Sadee Duggan, and 6th Grade Ximena Otero and Mikaela Mora. All of the winners received a free book valued up to \$10 from the book fair. Ms. Lucero would like to thank all the students, parents and staff who came out to support the Book Fair to ensure its success. A special thanks to the parents who volunteered their time to help out during book fair week and to the judges for their time and effort in selecting essay winners. She would also



ART

Students Kinder-4th are working on learning printing and painting skills.

Students in 5th and 6th grade will be working to create their very own sketch books.

Students will also be making bracelets for themselves and one for our local Veterans.



The nursing staff at NVE is focusing on nutrition and good dental hygiene. They are helping Ms. Baltierrez's class in conjunction with La Semilla to teach students about proper nutrition including hands-on experience planting and maintaining a fall vegetable garden. Parents and students please stop by the nursing office to visit the display showing which foods are good to help maintain those pearly whites!



Students will be working on I-station reading comprehension this month in the computer lab. Ms. Villa would like to remind students to be respectful of all computer equipment.

Counselor's Corner

Ms. Hernandez is encouraging children to focus on the 3rd habit of "7 Habits of Happy Kids". Habit 3 is "Put first things first"! Work first then play! Throughout the 7 habits, children are encouraged to be responsible, to plan ahead, to be respectful, to find balance and to be a valued member of a team.

Kindness Club

The Kindness Club's main focus is to build friendships by being kind in their interactions with others. They meet as follows: 6th Grade Mondays, 5th Grade Tuesdays & 4th Grade Wednesdays at lunch.

