

**NOTES FROM THE NURSES at
GEORGE FISCHER
MIDDLE SCHOOL**

Our aim is to provide your children with the healthiest and safest environment possible here at school. We need your help with the following in order to accomplish this.

PHYSICAL EXAMS

New York State Education Law requires physical examinations for grades **K, 2, 4, 5, 7, and 10, as well as children new to the district.** It is desirable to have your own physician perform the medical examination because he knows your child best. If you do not have a family physician or prefer the examination be done in school, we will arrange to have your child examined by our school physician. The nurse has a "Physical Exam Preference" form for you to fill out. Also, in order to comply with the New York State Education Law, the school nurse checks weight, height, vision, and hearing annually at school.

SPORTS PHYSICALS – Sports physicals will be performed two times over the summer on July 19 and 26. They will be done between 7:30-10:30 am on a first come, first serve basis. The students will also have an opportunity to see the physician at school prior to the sport season. Any physicals done at the primary doctor's office must be on a CCSD form.

SCOLIOSIS

Scoliosis screening is mandated to be done yearly in grades 5, 6, 7 & 8; however, grades 5 & 7 are usually done during their required physicals. If you prefer to have your child's physician do the scoliosis exam, please provide the school nurse with the results of the exam by February 1st of the school year. After that date, a volunteer chiropractor or their physical education teacher will initially examine the student.

IMMUNIZATIONS

When you register your child for the first time, birth certificate and immunization records are required. The immunization record must include the dates of all doses, as well as the doctor's signature or the clinic's stamp. Every student's record must show proof of: * new or change

- Three or four doses of DTP (if 4th dose received before 4 years old)
- *Tetanus and Diphtheria toxoid-(tDap) – 1 dose for all 6th graders upon turning age 11
- three doses of polio
- two doses of measles, one of mumps and rubella (or two doses of MMR)
- Three doses of HepB or 2 doses of recombiv AX.
- Varcella Vaccine – 1 dose
- *Meningococcal vaccine – 1 dose required by grades 7 & 8

**MEDICAL EMERGENCY
INFORMATION**

At the beginning of the school year, parents/guardians are asked to advise the school regarding any changes in the following:

- personal addresses
- personal phone numbers
- emergency phone numbers

This current information is needed in the event your child becomes injured or ill at school. Please remember to notify the school of any changes during the school year. If you are going to be out of town during the day make arrangements with someone to be a contact for your child, in case one should be needed.

MEDICATION

If a child needs to take medicine during the day, you must submit written orders from the doctor and a "medication permission form" signed by a parent/guardian. It is required that such medications be delivered directly to the school nurse by the parent / guardian in the original prescription bottle. This includes over-the-counter medication such as Tylenol or cough medicine. While at the pharmacy, request an additional container for your child's medication since all medications must be in an original container!

Medication permission forms are available during the school year. If a doctor feels it is medically necessary for a student to carry his own medication (e.g. inhaler for a severe asthmatic or epi pen ONLY) and the doctor and parents/guardians feel that the child is mature and responsible enough

to take his own inhaler or epi pen, he or she may do so. However, a medical permission form stating this must be completed. These are available at the nurse's office. **** PLEASE NOTE: MEDICATION WILL ONLY BE ACCEPTED UNDER THESE CONDITIONS. No pills may be carried under any circumstances.**

ACCIDENT OR ILLNESS

When a child becomes ill or injured in school, the child is sent to the Health Office. If the school nurse feels that the child is able to remain in school, the child may be allowed to rest for a short time and then return to class. In case of minor accidents, first aid is given, and the child is sent back to class.

When the school nurse determines that the child should not remain in school, the parents are contacted and asked to make arrangements to transport the child home. In case of emergency, if a parent cannot be contacted or cannot pick up the student, an ambulance, payable by parents, will have to be called to take them to the hospital.

HEALTH PROBLEMS

If your child has a particular health problem, it is essential that you discuss it with the school such as chicken pox or strep throat, it is important that the nurse be notified immediately. It is important that parents recognize symptoms of illness and act quickly to **KEEP THE SICK CHILD AT HOME**. Even when a child is not very sick but is uncomfortable or not feeling well, the child cannot do well in class and, more importantly, is a source of infection to classmates and teachers.

Please do not send your child to school with a fever over 100 degrees or with a harsh cough, suspicious rash, or red draining eyes. They will only have to be sent back home. After a fever, your child's temperature should be normal for 24 hours before returning to school.

Please keep this as a handy reference. If you ever have any questions, please feel free to call us.

Carol Burns, RN, 228-2300, Ext.514
Nancy McCormack RN, 228-2300 Ext. 516

Fax # 845-228-2323

Please check our website for health forms to download. www.carmelschools.org under CCSD Departments

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